

**2020 MIDDLE ATLANTIC CONFERENCE INDOOR
CHAMPIONSHIPS**Reading, PA
Tom & Helen Flynn Complex
2/28/2020 - 2/29/2020**MEET OFFICIALS**Meet Director:
Marie Stroman
Timing:
MAC-FAT, LLC.**OFFICIAL MEET REPORT**
printed: 2/29/2020 5:21 PM**RESULTS****#5 Men's 60 Meters**

M	MAC Indoor Champ	6.86	Dereck Davis	Stevenson	2/28/2020
O	MAC Indoor Overall	6.81	Dereck Davis	Stevenson	2020

Finals

Pl	Name	Yr	Team	Time	Note	Pts
1	DAVIS, Dereck		JR Stevenson	6.91		10
2	BUHR, Owen		SO Lebanon Valley	7.03		8
3	EDOUKOU, Emmanuel		JR King's (Pa.)	7.04		6
4	SUMMERS, Cameron		FR Stevenson	7.10	7.093	5
5	LUDLOW, Matthew		JR Widener	7.10	7.096	4
6	ONYEBADI, Clement		JR Stevenson	7.12	7.115	3
7	WILLIAMS, Jeremiah		FR Stevenson	7.12	7.120	2
8	LAWRENCE, Avery		SO Alvernia	7.22		1

Prelims

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	DAVIS, Dereck		JR Stevenson	MR 6.86Q		4(1)
2	BUHR, Owen		SO Lebanon Valley	7.05Q		1(1)
3	SUMMERS, Cameron		FR Stevenson	7.06Q	7.059	2(1)
3	EDOUKOU, Emmanuel		JR King's (Pa.)	7.06Q	7.059	3(1)
5	WILLIAMS, Jeremiah		FR Stevenson	7.09q		2(2)
6	LUDLOW, Matthew		JR Widener	7.13q	7.121	3(2)
7	ONYEBADI, Clement		JR Stevenson	7.13q	7.124	1(2)
8	LAWRENCE, Avery		SO Alvernia	7.17q	7.167	3(3)
9	KOEHLER, Chandler		FR Eastern	7.17	7.170	4(2)
10	GOULD, Will		SO Widener	7.21		2(3)
11	HARRIS, Jade		SO Albright	7.26		4(3)
12	LEWIS, A.J.		SR Hood	7.29		3(4)
13	PROVAN, Brendan		JR Messiah	7.31		1(3)
14	CIPRIANO, Jarod		SO Misericordia	7.33	7.323	1(4)
15	SHORT, Jack		FR Alvernia	7.33	7.325	1(5)
16	APAGWU, Chris		JR Stevenson	7.36		2(4)
17	ELLINGTON, Evan		SO Hood	7.37	7.361	2(5)
18	MUCHIMBA, Chris		SR Messiah	7.37	7.368	4(4)
19	SOLANO, Alex		FR King's (Pa.)	7.38		1(6)
20	MOORE, Marvin		FR Eastern	7.42	7.412	4(5)
21	KRAH, Jake		SO Eastern	7.42	7.417	1(7)
22	AYICHI, Goodnews		JR Widener	7.44		2(6)
23	LITTLEJOHN, Darian		JR Stevenson	7.46	7.453	3(5)
24	EDMONDSON, Jonah		SR Lebanon Valley	7.46	7.458	4(6)
25	CHRISTOU, Sam		FR Stevens Institute	7.47		3(6)
26	BRADFORD, Christopher		SR Albright	7.51		2(7)
27	DANGLADE, Taylor		SO Eastern	7.60		3(7)
28	DUCHEMIN, Kenny		SO Stevens Institute	7.61		4(7)

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printed: 2/29/2020 5:21 PM**RESULTS****#22 Men's 200 Meters**M MAC Indoor Champ 21.79 Devonte Williams Stevenson 2/25/2017
O MAC Indoor Overall 21.66 Devonte Williams Stevenson 2017

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	DAVIS, Dereck	JR	Stevenson	22.33		6(1)	10
2	DIMARIA, Nick	SR	Stevens Institute	22.50		6(2)	8
3	LUDLOW, Matthew	JR	Widener	22.76	22.752	5(1)	6
4	BUHR, Owen	SO	Lebanon Valley	22.76	22.753	6(3)	5
5	EDOUKOU, Emmanuel	JR	King's (Pa.)	22.78		6(4)	4
6	SUMMERS, Cameron	FR	Stevenson	22.92		6(5)	3
7	LAU-DICKINSON, Khalil	SO	Widener	22.95		5(2)	2
8	ANDRE, Jean-Michelet	FR	Eastern	23.02		4(1)	1
9	BROMLEY, Justin	SO	Widener	23.05		5(3)	
10	JOHN, Michael	SO	Widener	23.09		4(2)	
11	AYICHI, Goodnews	JR	Widener	23.23		4(3)	
12	GRAUER, Logan	SO	Lebanon Valley	23.34		4(4)	
13	COOPER, Logan	SO	Delaware Valley	23.37		2(1)	
14	HARRIS, Jade	SO	Albright	23.46	23.456	3(1)	
15	GOULD, Will	SO	Widener	23.46	23.456	4(5)	
16	LAWRENCE, Avery	SO	Alvernia	23.46	23.459	1(1)	
17	SHORT, Jack	FR	Alvernia	23.49		3(2)	
18	ONYEBADI, Clement	JR	Stevenson	23.55		5(4)	
19	BINDRA, Amar	JR	Stevens Institute	23.63		5(5)	
20	WILLIAMS, DaNeal	FR	Eastern	23.65		2(2)	
21	KOEHLER, Chandler	FR	Eastern	23.72		1(2)	
22	WILLIAMS, Jeremiah	FR	Stevenson	23.78	23.778	3(3)	
23	MUCHIMBA, Chris	SR	Messiah	23.78	23.780	2(3)	
24	LEWIS, A.J.	SR	Hood	23.92		3(4)	
25	HOANG, Steven	FR	Stevens Institute	23.99		2(4)	
26	BIESECKER, Andrew	FR	Delaware Valley	24.00		2(5)	
27	MOORE, Marvin	FR	Eastern	24.09		3(5)	
	DANGLADE, Taylor	SO	Eastern	DNS		1	

#18 Men's 400 MetersM MAC Indoor Champ 48.77 Lou Corominas DeSales 2006
O MAC Indoor Overall 48.51 Lou Corominas DeSales 2006

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	DIMARIA, Nick	SR	Stevens Institute	50.19		4(1)	10
2	LAU-DICKINSON, Khalil	SO	Widener	50.49		4(2)	8
3	BROWN, Marc	SR	DeSales	50.71		4(3)	6
4	IDDRISS, Iddriss	SR	Stevenson	50.74		4(4)	5
5	JOHN, Michael	SO	Widener	51.02		3(1)	4
6	COOPER, Logan	SO	Delaware Valley	51.11		3(2)	3
7	HARRIS, Jade	SO	Albright	51.18		3(3)	2
8	BROMLEY, Justin	SO	Widener	51.68		3(4)	1
9	BURNSIDE, Jhaunell	SR	Eastern	51.77		3(5)	
10	BINDRA, Amar	JR	Stevens Institute	52.07		4(5)	
11	RUTLEDGE, Ason	FR	DeSales	52.19	52.187	1(1)	

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Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
12	ANDRE, Jean-Michelet	FR	Eastern	52.19	52.189	2(1)	
13	BIESECKER, Andrew	FR	Delaware Valley	52.29		1(2)	
14	JOHNSON, David	JR	Widener	52.45		2(2)	
15	WILLIAMS, DaNeal	FR	Eastern	52.47		2(3)	
16	SHEA, Michael	SO	Eastern	53.70		1(3)	

#20 Men's 800 Meters

M	MAC Indoor Champ	1:54.27	Leo Harmon	Widener	2/27/2016
O	MAC Indoor Overall	1:51.96	Tyler Newhook	Messiah	2011

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	FORGASH, Mitchell	SO	King's (Pa.)	1:54.37		2(1)	10
2	KRAUS, Matthew	JR	DeSales	1:55.77		2(2)	8
3	ROYER, Matthew	SR	Messiah	1:56.94		2(3)	6
4	TYCE, Carl	FR	DeSales	1:57.69		2(4)	5
5	SELVAGGI, Tom	SR	Stevens Institute	1:58.07		2(5)	4
6	IDDRISS, Iddriss	SR	Stevenson	1:59.29		2(6)	3
7	LADUE, Trevor	SO	Stevens Institute	1:59.90		2(7)	2
8	THURBER, Ryan	SO	Messiah	2:02.15		1(1)	1
9	WOMACK, Johnathan	FR	Stevenson	2:02.27		1(2)	
10	HOFFMAN, Cassidy	SO	Messiah	2:02.56		1(3)	
11	FERRIZZI, Vince	FR	Lebanon Valley	2:04.10		1(4)	
12	COVERT, Isaac	SO	Messiah	2:04.85		1(5)	
13	LEITNER, Kajetan	FR	Stevens Institute	2:05.69		1(6)	
14	SCHLENKER, Vincent	SO	Stevens Institute	2:09.54		1(7)	
15	SCHEIB, Alex	SR	Messiah	2:15.59		2(8)	

#16 Men's 1 Mile Run

M	MAC Indoor Champ	4:13.63	Macharia Yuot	Widener	2006
O	MAC Indoor Overall	4:10.24	Russell Speiden	Elizabethtown	2011

Pl	Name	Yr	Team	Time	Note	Pts
1	WATSON, Patrick	SR	Stevenson	4:26.49		10
2	KAZANJIAN, Matthew	SR	Widener	4:27.71		8
3	LADUE, Trevor	SO	Stevens Institute	4:27.72		6
4	IDDRISS, Iddriss	SR	Stevenson	4:29.39		5
5	SELVAGGI, Tom	SR	Stevens Institute	4:32.05		4
6	RUSSO, Robby	SO	Stevens Institute	4:32.27		3
7	SHARMA, Milan	SO	Eastern	4:34.20		2
8	SCHEIB, Alex	SR	Messiah	4:34.72		1
9	COVERT, Isaac	SO	Messiah	4:38.49		
10	WELLS, Joseph	JR	DeSales	4:38.55		
11	HEEREMA, Carter	SR	Eastern	4:38.84		
12	NAFASH, Thomas	SO	Stevens Institute	4:41.49		
13	CAMPAGNA, Jeffrey	JR	Lebanon Valley	4:45.07		
14	BARRETT, Jake	FR	Eastern	4:46.85		
	ISEMAN, Samuel	FR	Stevenson	DNS		

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O MAC Indoor Overall 8:13.57 Patrick Watson Stevenson 2020 "Banked"

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	WATSON, Patrick	SR	Stevenson	8:45.68		2(1)	10
2	KAZANJIAN, Matthew	SR	Widener	8:47.45		2(2)	8
3	CAROLAN, Patrick	SO	Widener	8:55.89		2(3)	6
4	RASTATTER, Ryan	SR	Widener	8:57.46		2(4)	5
5	GRIFFIN, Noah	SO	Lebanon Valley	9:01.30		2(5)	4
6	HORST, Logan	FR	Messiah	9:02.26		2(6)	3
7	ROMBERGER, Nate	JR	Messiah	9:02.89		2(7)	2
8	PIEKOS, Nathaniel	SR	Widener	9:05.35		2(8)	1
9	RUSSO, Robby	SO	Stevens Institute	9:06.30		1(1)	
10	DELOFF, Kenny	JR	Eastern	9:06.89		2(9)	
11	KOBER, Stephen	SO	Misericordia	9:07.97		2(10)	
12	DAVIS, Zachary	SR	Misericordia	9:08.19		2(11)	
13	SABOL, Christopher	SR	Misericordia	9:08.63		2(12)	
14	MOYER, Josiah	FR	Messiah	9:10.88		2(13)	
15	HENRY, Bryton	SR	Eastern	9:12.54		2(14)	
16	HUTCHINSON, Andrew	FR	Messiah	9:13.21		1(2)	
17	SNELLER, Caleb	SO	Eastern	9:19.26		1(3)	
18	ZARDECKI, Jack	FR	Misericordia	9:20.28		2(15)	
19	OSWALD, Max	SO	DeSales	9:20.78		1(4)	
20	SHANE, Ethan	JR	Misericordia	9:21.96		1(5)	
21	STASULLI, Brandon	FR	Lebanon Valley	9:24.83		1(6)	
22	HAYNES, Tanner	SO	Lebanon Valley	9:26.29		1(7)	
23	PAUSTIAN, Michael	SO	DeSales	9:30.46		1(8)	
	BOYLE, Nick	JR	DeSales	DNS		1	

#7 Men's 5000 MetersM MAC Indoor Champ 14:44.12 Patrick Watson Stevenson 2/28/2020
O MAC Indoor Overall 14:18.40 Macharia Yuot Widener 2006

Pl	Name	Yr	Team	Time	Note	Pts
1	WATSON, Patrick	SR	Stevenson	MR 14:44.12		10
2	KAZANJIAN, Matthew	SR	Widener	14:46.42		8
3	RASTATTER, Ryan	SR	Widener	15:30.41		6
4	ROMBERGER, Nate	JR	Messiah	15:34.85		5
5	PIEKOS, Nathaniel	SR	Widener	15:43.39		4
6	GRIFFIN, Noah	SO	Lebanon Valley	15:44.78		3
7	DAVIS, Zachary	SR	Misericordia	15:45.06		2
8	HENRY, Bryton	SR	Eastern	15:56.43		1
9	SNELLER, Caleb	SO	Eastern	16:00.63		
10	KOBER, Stephen	SO	Misericordia	16:04.74		
11	MOYER, Josiah	FR	Messiah	16:06.55		
12	SHANE, Ethan	JR	Misericordia	16:08.95		
13	DELOFF, Kenny	JR	Eastern	16:11.50		
14	ZARDECKI, Jack	FR	Misericordia	16:22.72		
15	OATES, Tyler	SR	Widener	16:25.02		

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Pl	Name	Yr	Team	Time	Note	Pts
16	MAGEE, Bryce		SO Widener	16:26.02		
17	STASULLI, Brandon		FR Lebanon Valley	16:26.77		
18	WELLS, Joseph		JR DeSales	17:01.73		
19	ISEMAN, Samuel		FR Stevenson	17:01.98		
	HARRIS, Ryan		JR Delaware Valley	DNF		
	MALONE, Jack		JR Misericordia	DNF		

#3 Men's 60m Hurdles

M	MAC Indoor Champ	8.30	Nicholas White	Messiah	2/28/2015
O	MAC Indoor Overall	8.19	Jerome Duncan	Lebanon Valley	2012

Finals

Pl	Name	Yr	Team	Time	Note	Pts
1	JONES, Damani		FR Stevenson	8.54	8.533	10
2	BUHR, Owen		SO Lebanon Valley	8.54	8.540	8
3	MENDS, Daniel		SO DeSales	8.62		6
4	SMITH, Kadan		FR Lebanon Valley	8.63		5
5	SHEA, Michael		SO Eastern	8.64		4
6	GRAUER, Logan		SO Lebanon Valley	8.66		3
7	BINDRA, Amar		JR Stevens Institute	8.73		2
8	KABA, Dan		SR Stevens Institute	9.09		1

Prelims

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	KABA, Dan		SR Stevens Institute	8.54Q		2(1)
2	MENDS, Daniel		SO DeSales	8.63Q		1(1)
3	GRAUER, Logan		SO Lebanon Valley	8.67Q	8.662	3(1)
4	JONES, Damani		FR Stevenson	8.67q	8.668	3(2)
5	BUHR, Owen		SO Lebanon Valley	8.71q		1(2)
6	BINDRA, Amar		JR Stevens Institute	8.72q		1(3)
7	SMITH, Kadan		FR Lebanon Valley	8.74q		3(3)
8	SHEA, Michael		SO Eastern	8.76q		3(4)
9	REED, Zachary		FR Lebanon Valley	8.78		2(2)
10	BESS, Davon		JR Widener	8.86		1(4)
11	FENSTERMACHER, Brett		SO Arcadia	8.90		1(5)
12	ANDRE, Jean-Michelet		FR Eastern	8.95		2(3)
13	KEY, Malik		FR Alvernia	9.01		2(4)
14	LOEHR, Adam		SO Alvernia	9.03		3(5)
15	SCHOTT, Andrew		SO Messiah	9.18		1(6)
16	WILLIAMS, Mike		SR Messiah	9.22		2(5)
17	ZEHR, Josiah		FR Messiah	9.27		2(6)
18	RHINEHART, Joel		SO Messiah	9.42		3(6)

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M	MAC Indoor Champ	1:30.95	M. Dube, O. Olugbenga, j. Daddario, J.	Misericordia	2/23/2018		
O	MAC Indoor Overall	1:29.74	M. Dube, O. Olugbenga, J. Daddario, J.	Misericordia	2018		
	Pl Team				Time	Note	H(Pl) Pts
1	Stevenson (A)				1:31.31		3(1) 10
	1) DAVIS, Dereck JR		2) ONYEBADI, Clement JR				
	3) WILLIAMS, Jeremiah FR		4) SUMMERS, Cameron FR				
2	Widener (A)				1:31.63		3(2) 8
	1) LUDLOW, Matthew JR		2) GOULD, Will SO				
	3) JOHN, Michael SO		4) BROMLEY, Justin SO				
3	Lebanon Valley (A)				1:32.24		3(3) 6
	1) BUHR, Owen SO		2) WECK, Matthew JR				
	3) REED, Zachary FR		4) GRAUER, Logan SO				
4	DeSales (A)				1:34.07		2(1) 5
	1) TYCE, Carl FR		2) BROWN, Marc SR				
	3) MENDS, Daniel SO		4) RUTLEDGE, Ason FR				
5	Messiah (A)				1:34.70		2(2) 4
	1) MUCHIMBA , Chris SR		2) PULEO, Caleb JR				
	3) CHRISTNER, Caleb JR		4) ZEHR, Josiah FR				
6	King's (Pa.) (A)				1:34.74		2(3) 3
	1) EDOUKOU, Emmanuel JR		2) SOLANO, Alex FR				
	3) NELSON, Matthew JR		4) FORGASH, Mitchell SO				
7	Alvernia (A)				1:34.94		2(4) 2
	1) SHORT, Jack FR		2) LOEHR, Adam SO				
	3) KEY, Malik FR		4) LAWRENCE, Avery SO				
8	Arcadia (A)				1:36.31		1(1) 1
	1) MILANO, Alexander JR		2) RICHARDSON, Myles SR				
	3) FENSTERMACHER, Brett SO		4) O'NEILL, Ryan SO				
9	Hood (A)				1:36.68		1(2)
	1) ELLINGTON, Evan SO		2) ROBERTS, Frederick SO				
	3) MAZALESKI, Nicholas JR		4) LEWIS, A.J. SR				
10	Albright (A)				1:38.01		2(5)
	1) HARRIS, Jade SO		2) CAMARA, Yann SO				
	3) NEGRON, Justin SO		4) LITTLE, Mahki SO				
11	Misericordia (A)				1:39.24		1(3)
	1) DUBE, Michael SR		2) STEELE, Bryce SO				
	3) ARANETA, Nico JR		4) CIPRIANO, Jarod SO				
12	Stevens Institute (A)				1:45.27		3(4)
	1) BINDRA, Amar JR		2) KABA, Dan SR				
	3) MULLEN, John JR		4) DIMARIA, Nick SR				
	Eastern (A)				DNF		3
	1) ANDRE, Jean-Michelet FR		2) MOORE, Marvin FR				
	3) KOEHLER, Chandler FR		4) WILLIAMS, DaNeal FR				

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RESULTS**#28 Men's 4 x 400m Relay**

M MAC Indoor Champ 3:22.02 H Freeland, N Sites, L Harmon, J Tupper Widener 2/27/2016
 O MAC Indoor Overall 3:18.33 R. Crooms, W. Brownback, M. Pena, T. Widener 2000

Pl	Team	Time	Note	H(Pl)	Pts
1	Stevens Institute (A)	3:27.15		3(1)	10
	1) KABA, Dan SR		2) BINDRA, Amar JR		
	3) MULLEN, John JR		4) DIMARIA, Nick SR		
2	Widener (A)	3:27.63		3(2)	8
	1) BROMLEY, Justin SO		2) JOHNSON, David JR		
	3) AYICHI, Goodnews JR		4) JOHN, Michael SO		
3	DeSales (A)	3:29.77		3(3)	6
	1) RUTLEDGE, Ason FR		2) BROWN, Marc SR		
	3) MENDS, Daniel SO		4) KRAUS, Matthew JR		
4	Eastern (A)	3:30.22		3(4)	5
	1) BURNSIDE, Jhaunell SR		2) SHEA, Michael SO		
	3) WILLIAMS, DaNeal FR		4) ANDRE, Jean-Michelet FR		
5	Lebanon Valley (A)	3:30.83		3(5)	4
	1) BUHR, Owen SO		2) GRAUER, Logan SO		
	3) SMITH, Kadan FR		4) REED, Zachary FR		
6	Messiah (A)	3:35.05		2(1)	3
	1) ZEHR, Josiah FR		2) DAUDT, Connor FR		
	3) HOFFMAN, Cassidy SO		4) THURBER, Ryan SO		
7	Stevenson (A)	3:35.49		3(6)	2
	1) DAVIS, Dereck JR		2) HAMILTON, Malik FR		
	3) IDDRISS, Iddriss SR		4) SUMMERS, Cameron FR		
8	Alvernia (A)	3:36.85		2(2)	1
	1) LAWRENCE, Avery SO		2) SHORT, Jack FR		
	3) BARRETT, Tyler SR		4) LOEHR, Adam SO		
9	King's (Pa.) (A)	3:37.21		2(3)	
	1) SOLANO, Alex FR		2) BIDDINGER, Eric FR		
	3) DANAHER, Liam FR		4) FORGASH, Mitchell SO		
10	Arcadia (A)	3:37.33		2(4)	
	1) MILANO, Alexander JR		2) THOMAS, Shawn FR		
	3) FENSTERMACHER, Brett SO		4) O'NEILL, Ryan SO		
11	Delaware Valley (A)	3:37.84		1(1)	
	1) BERBERABE, Ethan SO		2) PERMYASHKIN, Andre SR		
	3) BIESECKER, Andrew FR		4) COOPER, Logan SO		
12	Hood (A)	3:40.17		1(2)	
	1) LEWIS, A.J. SR		2) ROBERTS, Frederick SO		
	3) MAZALESKI, Nicholas JR		4) ELLINGTON, Evan SO		
13	Albright (A)	3:40.19		1(3)	
	1) GRANT, Nathaniel SR		2) NEGRON, Justin SO		
	3) ROSS, Quentin SR		4) HARRIS, Jade SO		

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CHAMPIONSHIPS**Reading, PA
Tom & Helen Flynn Complex
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printed: 2/29/2020 5:21 PM**RESULTS****#28 Men's 4 x 400m Relay (cont'd)**

Pl	Team	Time	Note	H(Pl)	Pts
14	Misericordia (A)	3:42.13		2(5)	
	1) ARANETA, Nico JR		2) DUBE, Michael SR		
	3) DAVIS, Zachary SR		4) SABOL, Christopher SR		

#26 Men's 4 x 800m Relay

M	MAC Indoor Champ	7:56.65	M. Rever, M. Weber, J. Blanton, R.	Elizabethtown	2012
O	MAC Indoor Overall	7:54.12	J. Buck, S. Luzzi, E. Deignan, M. Hause	Misericordia	2016

Pl	Team	Time	Note	Pts
1	DeSales (A)	8:04.38		10
	1) BROWN, Marc SR		2) CAULEY, Nick SR	
	3) TYCE, Carl FR		4) KRAUS, Matthew JR	
2	Stevens Institute (A)	8:04.83		8
	1) SELVAGGI, Tom SR		2) JAMES, Sean JR	
	3) MELAO, Ronnie FR		4) LADUE, Trevor SO	
3	Widener (A)	8:08.05		6
	1) CROSBY, Andrew JR		2) CRANE, Jacob JR	
	3) GALICZYNSKI, Ryan SO		4) LAU-DICKINSON, Khalil SO	
4	Messiah (A)	8:08.08		5
	1) SCHEIB, Alex SR		2) LONG, Chad SO	
	3) MYERS, Luke FR		4) ROYER, Matthew SR	
5	Lebanon Valley (A)	8:18.94		4
	1) VELOZWONG, Anderson SO		2) LOY, Andrew FR	
	3) STOKES, Nicholas FR		4) FERRIZZI, Vince FR	
6	Stevenson (A)	8:25.24		3
	1) TURNER, Glen SO		2) WATSON, Patrick SR	
	3) WOMACK, Johnathan FR		4) IDDRISS, Iddriss SR	
7	Eastern (A)	8:38.99		2
	1) SHARMA, Milan SO		2) HEEREMA, Carter SR	
	3) NGUYEN, Tim SR		4) BARRETT, Jake FR	

#1 Men's 4000m DMR

M	MAC Indoor Champ	10:24.11	Z Davis, D Oyola, R Newman, A Fitch	Misericordia	2/22/2019
O	MAC Indoor Overall	9:56.80	A. Focht, C. Niles, M. Rever, R. Speiden	Elizabethtown	2012

Pl	Team	Time	Note	Pts
1	DeSales (A)	10:28.15	10:28.14	10
	1) CAULEY, Nick SR		2) BROWN, Marc SR	
	3) TYCE, Carl FR		4) KRAUS, Matthew JR	
2	Stevenson (A)	10:28.15	10:28.14	8
	1) WATSON, Patrick SR		2) TURNER, Glen SO	
	3) WOMACK, Johnathan FR		4) IDDRISS, Iddriss SR	

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#1 Men's 4000m DMR (cont'd)

Pl	Team	Time	Note	Pts
3	Stevens Institute (A)	10:29.51		6
	1) SELVAGGI, Tom SR	2) MULLEN, John JR		
	3) LADUE, Trevor SO	4) RUSSO, Robby SO		
4	Messiah (A)	10:29.89		5
	1) HORST, Logan FR	2) THURBER, Ryan SO		
	3) ROYER, Matthew SR	4) SCHEIB, Alex SR		
5	Widener (A)	10:39.30		4
	1) CROSBY, Andrew JR	2) JOHNSON, David JR		
	3) LAU-DICKINSON, Khalil SO	4) CAROLAN, Patrick SO		
6	Eastern (A)	10:50.27		3
	1) SHARMA, Milan SO	2) BURNSIDE, Jhaunell SR		
	3) HEEREMA, Carter SR	4) BARRETT, Jake FR		
7	Lebanon Valley (A)	10:59.69		2
	1) LOY, Andrew FR	2) VELOZWONG, Anderson SO		
	3) FERRIZZI, Vince FR	4) CAMPAGNA, Jeffrey JR		
8	King's (Pa.) (A)	11:01.23		1
	1) FORGASH, Mitchell SO	2) BIDDINGER, Eric FR		
	3) MLODZIENSKI, Kyle FR	4) DANAHER, Liam FR		
9	Alvernia (A)	11:29.14		
	1) BARRETT, Tyler SR	2) CORSETTI, Mike FR		
	3) ROSELLI, Anthony FR	4) WACKER, Matthew SO		
10	Delaware Valley (A)	12:10.57		
	1) PERMYASHKIN, Andre SR	2) BERBERABE, Ethan SO		
	3) NAVILOFF, Kevin SR	4) LOEW, Joshua SO		

#35 Men's High Jump

M	MAC Indoor Champ	2.06m	Aron Szency	Eastern	2/24/2018
M	MAC Indoor Champ	2.06m	Justin Gewirtz	Albright	2011
O	MAC Indoor Overall	2.06m	Aron Szency	Eastern	2018
O	MAC Indoor Overall	2.06m	Justin Gewirtz	Albright	2011

Pl	Name	Yr	Team	Mark	1.73	1.78	1.83	1.86	1.89	1.92	1.95	2.00	2.07	2.10	Pts
1	MCKEE, Valiant		JR Widener	MRORMRO 6' 9 1/2"	P	P	P	P	P	O	XO	O	XO	XXX	10
2	SHERROD, Teone		FR King's (Pa.)	1.92m 6' 3 1/2"	P	O	O	XXO	XO	XO	XXX				8
3	ONYEBADI, Clement		JR Stevenson	1.92m 6' 3 1/2"	P	O	O	O	O	XXO	XXX				6
4	SPRINGSTEAD, David		FR Stevens Instit	1.92m 6' 3 1/2"	P	XO	O	O	XO	XXO	XXX				5
5	FINCK, Kevin		FR Stevens Instit	1.89m 6' 2 1/4"	O	O	O	XXO	XXO	XXX					4
6	CEKELLA, Caleb		SO Lebanon Vall	1.86m 6' 1 1/4"	O	XO	XO	O	XXX						3
7	SCAMARDELLA, Jonathan		SO Stevens Instit	1.83m 6' 0"	P	O	O	XXX							2
8	SCHOTT, Andrew		SO Messiah	1.78m 5' 10"	O	O	XXX								1
9	FEGELY, Ivan		SO Alvernia	1.78m 5' 10"	O	XXO	XXX								
10	ANGELONE, Aeden		FR Stevens Instit	1.78m 5' 10"	XO	XXO	XXX								
11	WILDERMUTH, Evan		JR Eastern	1.73m 5' 8"	O	XXX									
11	SHOFF, Robert		SO Lebanon Vall	1.73m 5' 8"	O	XXX									

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#35 Men's High Jump (cont'd)

Pl	Name	Yr Team	Mark	1.63	1.68	Pts
13	ORTIZ, Bryce	SO Widener	1.73m 5' 8"	XXO	XXX	
14	FENSTERMACHER, Brett	SO Arcadia	1.68m 5' 6"	XXX		
8	SCHOTT, Andrew	SO Messiah	(cont'd)	O	O	1
11	WILDERMUTH, Evan	JR Eastern	(cont'd)	P	O	
14	FENSTERMACHER, Brett	SO Arcadia	1.68m 5' 6"	P	XO	
15	ELEWA-GIDADO, Oluwatoni	FR Widener	1.63m 5' 4 ¹ / ₄	XXO	XXX	

#36 Men's Pole Vault

Pl	Name	Yr Team	Mark	3.45	3.60	3.75	3.90	4.05	4.20	4.30	4.40	4.50	4.60	Pts
M	MAC Indoor Champ	5.13m	Tim Moses	Messiah										2/27/2016
O	MAC Indoor Overall	5.25m	Tim Moses	Messiah										2015
1	DIONNE, Ethan	JR Eastern	4.50m 14' 9"	P	P	P	P	P	XO	O	O	O	XXX	10
2	RAMA, Enis	SO Stevens Instit	4.50m 14' 9"	P	P	P	P	O	XXO	XO	XXO	O	XXX	8
3	ACCARDI, Andy	SR Stevens Instit	4.30m 14' 1 ¹ / ₄	P	P	P	P	P	P	XO	XPP	XX		6
4	ZEHR, Josiah	FR Messiah	4.20m 13' 9 ¹ / ₄	P	P	O	P	O	XXO	XXX				5
5	RE, Nicolas	SO Stevens Instit	4.20m 13' 9 ¹ / ₄	P	P	P	P	XO	XXO	XXX				4
6	BROWNSTEIN, Jesse	SR Lebanon Vall	4.20m 13' 9 ¹ / ₄	P	P	P	XXO	XO	XXO	XXX				3
7	CHRISTNER, Caleb	JR Messiah	4.05m 13' 3 ¹ / ₂	P	P	O	O	XXO	XXX					2
8	MILLER, Elliot	SR Lebanon Vall	3.90m 12' 9 ¹ / ₂	P	P	P	O	XXX						1
9	NILSEN, Timothy	JR Widener	3.90m 12' 9 ¹ / ₂	P	XO	O	XO	XXX						
10	EMOLO, Patrick	SO DeSales	3.75m 12' 3 ¹ / ₂	P	O	O	XXX							
11	MILLER, Clayton	SO Messiah	3.45m 11' 3 ³ / ₄	O	XXX									

#14 Men's Long Jump

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
M	MAC Indoor Champ	7.28m	Ta'rig Thomas	Delaware Valley							2/23/2018
O	MAC Indoor Overall	7.38m	Joe Moore	Moravian							2003
1	WILDERMUTH, Evan	JR Eastern	6.92m 22' 8 ¹ / ₂ "	6.82 (+0.0)	FOUL	FOUL	6.92 (+0.0)	FOUL	FOUL	2(1)	10
2	LEWIS, A.J.	SR Hood	6.83m 22' 5"	6.77 (+0.0)	6.43 (+0.0)	6.83 (+0.0)	FOUL	FOUL	(+0.0)	2(2)	8
3	FEGELY, Ivan	SO Alvernia	6.82m 22' 4 ¹ / ₂ "	6.36 (+0.0)	6.30 (+0.0)	6.64 (+0.0)	6.63 (+0.0)	6.82 (+0.0)	6.76 (+0.0)	2(3)	6
4	LUDLOW, Matthew	JR Widener	6.75m 22' 1 ³ / ₄ "	6.58 (+0.0)	6.39 (+0.0)	6.59 (+0.0)	5.26 (+0.0)	FOUL	6.75 (+0.0)	2(4)	5
5	HOWELL, Kenny	FR Stevens Instit	6.64m 21' 9 ¹ / ₂ "	6.62 (+0.0)	6.44 (+0.0)	6.42 (+0.0)	6.18 (+0.0)	6.64 (+0.0)	6.05 (+0.0)	2(5)	4
6	OTTO, Joshua	FR Lebanon Vall	6.57m 21' 6 ³ / ₄ "	6.42 (+0.0)	6.26 (+0.0)	6.57 (+0.0)	6.39 (+0.0)	6.56 (+0.0)	6.27 (+0.0)	2(6)	3
7	MCKEE, Valiant	JR Widener	6.56m 21' 6 ¹ / ₄ "	6.24 (+0.0)	6.22 (+0.0)	6.56 (+0.0)	6.47 (+0.0)	6.50 (+0.0)	FOUL	1(1)	2
8	NELSON, Matthew	JR King's (Pa.)	6.50m 21' 4"	6.33 (+0.0)	6.41 (+0.0)	6.50 (+0.0)	6.29 (+0.0)	6.42 (+0.0)	6.49 (+0.0)	2(7)	1
9	MONINGHOFF, Adam	SO Stevens Instit	6.45m 21' 2"	6.45 (+0.0)	6.43 (+0.0)	6.34 (+0.0)	FOUL	6.12 (+0.0)	FOUL	1(2)	
10	LAWRENCE, Avery	SO Alvernia	6.30m 20' 8"	6.30 (+0.0)	6.22 (+0.0)	6.15 (+0.0)				2(8)	
11	MYERS, Eddie	SO Lebanon Vall	6.30m 20' 8"	5.94 (+0.0)	6.30 (+0.0)	FOUL				2(8)	
12	SHEFFIELD, Daniel	FR Lebanon Vall	6.25m 20' 6 ¹ / ₄ "	6.13 (+0.0)	6.25 (+0.0)	6.25 (+0.0)				2(10)	
13	SHERROD, Teone	FR King's (Pa.)	6.25m 20' 6 ¹ / ₄ "	6.14 (+0.0)	6.25 (+0.0)	6.23 (+0.0)				1(3)	
14	SHOFF, Robert	SO Lebanon Vall	6.15m 20' 2 ¹ / ₄ "	6.15 (+0.0)	6.10 (+0.0)	5.95 (+0.0)				1(4)	
15	ROSS, Quentin	SR Albright	6.07m 19' 11"	6.07 (+0.0)	5.93 (+0.0)	5.82 (+0.0)				1(5)	
16	WILLS, Jake	FR Stevens Instit	5.98m 19' 7 ¹ / ₂ "	FOUL	5.98 (+0.0)	FOUL				1(6)	
17	RUSSO, Vincent	SR Stevens Instit	5.84m 19' 2"	5.27 (+0.0)	5.68 (+0.0)	5.84 (+0.0)				1(7)	
18	CAPUTO, Dylan	JR Widener	5.84m 19' 2"	FOUL	5.84 (+0.0)	FOUL				1(7)	

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#14 Men's Long Jump (cont'd)

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
19	RICHARDSON, Myles	SR Arcadia	5.74m 18' 10"	5.64 (+0.0)	5.74 (+0.0)	5.70 (+0.0)				1(9)	
20	HOPKINS, Ty'Shawn	SO Misericordia	5.59m 18' 4 1/4"	5.46 (+0.0)	5.58 (+0.0)	5.59 (+0.0)				1(10)	
	BRADFORD, Christopher	SR Albright	NM	FOUL	FOUL	FOUL				1	
	PHOENIX, Xavier	FR DeSales	NM							2	

#33 Men's Triple Jump

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
M	MAC Indoor Champ	14.86m	Jason Patterson	Elizabethtown	2004						
O	MAC Indoor Overall	14.86m	Jason Patterson	Elizabethtown	2004						
1	WILDERMUTH, Evan	JR Eastern	13.39m 43' 11 1/4"	13.09 (+0.0)	13.04 (+0.0)	13.06 (+0.0)	13.39 (+0.0)	13.37 (+0.0)	13.19 (+0.0)	2(1)	10
2	SABEH, Hikmat	FR Stevens Instit	13.17m 43' 2 1/2"	12.67 (+0.0)	12.57 (+0.0)	12.95 (+0.0)	12.39 (+0.0)	12.87 (+0.0)	13.17 (+0.0)	2(2)	8
3	OTTO, Joshua	FR Lebanon Vall	13.13m 43' 1"	12.38 (+0.0)	13.07 (+0.0)	13.13 (+0.0)	11.91 (+0.0)	12.90 (+0.0)	13.06 (+0.0)	2(3)	6
4	CAPUTO, Dylan	JR Widener	13.04m 42' 9 1/2"	12.86 (+0.0)	FOUL	FOUL	13.04 (+0.0)	FOUL	12.00 (+0.0)	2(4)	5
5	SHOFF, Robert	SO Lebanon Vall	12.85m 42' 2"	12.85 (+0.0)	12.62 (+0.0)	12.62 (+0.0)	12.77 (+0.0)	FOUL	12.70 (+0.0)	2(5)	4
6	CALHOUN, Bryce	SR DeSales	12.80m 42' 0"	FOUL	FOUL	12.71 (+0.0)	FOUL	12.57 (+0.0)	12.80 (+0.0)	2(6)	3
7	FEGELY, Ivan	SO Alvernia	12.77m 41' 10 3/4"	12.39 (+0.0)	12.05 (+0.0)	FOUL	12.77 (+0.0)	12.28 (+0.0)	12.68 (+0.0)	2(7)	2
8	MONINGHOFF, Adam	SO Stevens Instit	12.74m 41' 9 3/4"	12.74 (+0.0)	FOUL	12.64 (+0.0)	12.25 (+0.0)	FOUL	12.67 (+0.0)	2(8)	1
9	HOWELL, Kenny	FR Stevens Instit	12.57m 41' 3"	12.40 (+0.0)	FOUL	12.41 (+0.0)	12.02 (+0.0)	12.54 (+0.0)	12.57 (+0.0)	1(1)	
10	FENSTERMACHER, Brett	SO Arcadia	12.24m 40' 2"	12.24 (+0.0)	11.72 (+0.0)	12.00 (+0.0)				2(9)	
11	TOMLIN, Tyler	FR King's (Pa.)	12.21m 40' 0 3/4"	12.02 (+0.0)	12.21 (+0.0)	12.03 (+0.0)				1(2)	
12	ROSS, Quentin	SR Albright	12.15m 39' 10 1/2"	12.15 (+0.0)	11.60 (+0.0)	11.69 (+0.0)				1(3)	
13	SHEFFIELD, Daniel	FR Lebanon Vall	12.11m 39' 8 3/4"	12.11 (+0.0)	FOUL	(+0.0)				1(4)	
14	HOPKINS, Ty'Shawn	SO Misericordia	12.05m 39' 6 1/2"	11.90 (+0.0)	12.05 (+0.0)	12.04 (+0.0)				1(5)	
15	SMITH, Kadan	FR Lebanon Vall	11.98m 39' 3 3/4"	11.58 (+0.0)	11.47 (+0.0)	11.98 (+0.0)				1(6)	
16	NGUYEN, Huy	FR Widener	11.78m 38' 7 3/4"	11.41 (+0.0)	11.78 (+0.0)	11.71 (+0.0)				1(7)	
17	DEJESUS, Omar	FR King's (Pa.)	11.63m 38' 2"	FOUL	11.63 (+0.0)	11.22 (+0.0)				1(8)	
	MYERS, Eddie	SO Lebanon Vall	NM	FOUL	(+0.0)	FOUL				1	
	PROVAN, Brendan	JR Messiah	NM							2	

#31 Men's Shot Put

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
M	MAC Indoor Champ	17.52m	Fred Fulton	Messiah	2/23/2013						
O	MAC Indoor Overall	17.86m	Fred Fulton	Messiah	2013						
1	LE CADRE, Justin	SO King's (Pa.)	15.06m 49' 5"	14.62	14.87	13.34	15.06	14.23	14.07	2(1)	10
2	MUNSON, Billy	FR Alvernia	14.45m 47' 5"	13.53	13.99	FOUL	14.16	14.45	12.99	2(2)	8
3	ADAMS, Justin	FR Widener	14.30m 46' 11"	13.95	14.28	14.30	13.55	14.06	13.10	2(3)	6
4	JOYCE, Conall	JR Misericordia	13.91m 45' 7 3/4"	13.91	13.45	13.79	13.81	FOUL	FOUL	2(4)	5
5	FARRELL, Kevin	FR DeSales	13.58m 44' 6 3/4"	12.58	13.51	13.43	13.39	13.58	12.85	2(5)	4
6	NI, Jackie	JR King's (Pa.)	13.41m 44' 0"	13.01	13.25	13.17	FOUL	13.32	13.41	2(6)	3
7	JONES, Evan	JR Misericordia	13.21m 43' 4 1/4"	13.21	12.54	13.13	12.87	12.46	12.04	2(7)	2
8	SCOTT, Jason	SO Alvernia	13.17m 43' 2 1/2"	FOUL	12.35	13.17	12.81	12.66	13.00	2(8)	1
9	MCCAULEY, Max	SR Stevens Instit	13.12m 43' 0 1/2"	12.07	13.03	FOUL	12.28	FOUL	13.12	2(9)	
10	KRISTELLER, Alex	FR Widener	12.85m 42' 2"	12.85	12.46	11.70				2(10)	
11	MURRAY, Matthew	SO DeSales	12.81m 42' 0 1/2"	12.75	12.81	12.62				2(11)	
12	DERR, William	SO DeSales	12.55m 41' 2 1/4"	12.55	FOUL	11.66				1(1)	

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#31 Men's Shot Put (cont'd)

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
13	MARCEL, Sam	JR	Misericordia	12.30m 40' 4 ¹ / ₄	11.85	12.30	11.96				1(2)	
14	CIOCCO, Kevin	SO	Hood	12.25m 40' 2 ¹ / ₄	11.83	FOUL	12.25				1(3)	
15	CAULEY, Garret	SO	DeSales	11.89m 39' 0 ¹ / ₄	11.89	10.38	11.40				1(4)	
16	PUGH, Marcus	SO	Stevenson	11.84m 38' 10 ¹ / ₄	11.46	11.84	11.55				1(5)	
17	PASTOR, Joey	FR	Stevens Instit	11.58m 38' 0"	11.58	11.49	11.10				1(6)	
18	GILLINGHAM, Matthew	FR	Misericordia	11.39m 37' 4 ¹ / ₂	11.35	11.39	10.44				1(7)	
19	WARE, Jared	FR	Widener	11.35m 37' 3"	11.35	FOUL	9.01				1(8)	

#12 Men's Weight Throw

M	MAC Indoor Champ	18.95m	Tyler Williams	Widener	2/28/2015
O	MAC Indoor Overall	18.95m	Tyler Williams	Widener	2015

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
1	NI, Jackie	JR	King's (Pa.)	18.69m 61' 4"	16.34	16.51	17.66	17.21	18.32	18.69	2(1)	10
2	BRINKMAN, Chris	SR	DeSales	16.06m 52' 8 ¹ / ₄	14.82	FOUL	15.21	15.23	15.32	16.06	2(2)	8
3	LE CADRE, Justin	SO	King's (Pa.)	15.85m 52' 0"	14.83	13.80	14.22	15.35	15.83	15.85	2(3)	6
4	MCCAULEY, Max	SR	Stevens Instit	15.85m 52' 0"	15.53	15.08	15.53	15.72	15.49	15.85	2(3)	5
5	SCOTT, Jason	SO	Alvernia	13.97m 45' 10"	13.17	FOUL	13.65	12.77	12.39	13.97	2(5)	4
6	PUGH, Marcus	SO	Stevenson	13.90m 45' 7 ¹ / ₄	13.90	13.08	11.87	11.61	12.09	FOUL	2(6)	3
7	MILLER, Dustin	JR	Stevenson	13.83m 45' 4 ¹ / ₂	13.45	13.83	13.60	11.49	13.29	13.70	2(7)	2
8	MURRAY, Matthew	SO	DeSales	13.80m 45' 3 ¹ / ₂	13.80	FOUL	13.39	FOUL	13.20	FOUL	1(1)	1
9	JONES, Evan	JR	Misericordia	13.71m 44' 11 ³ / ₄	12.33	13.02	13.71	12.66	12.91	FOUL	2(8)	
10	KRISTELLER, Alex	FR	Widener	13.13m 43' 1"	13.09	FOUL	13.13				1(2)	
11	ADAMS, Justin	FR	Widener	13.01m 42' 8 ¹ / ₄	13.01	FOUL	FOUL				2(9)	
12	WARE, Jared	FR	Widener	12.71m 41' 8 ¹ / ₂	12.49	12.71	FOUL				1(3)	
13	JOYCE, Conall	JR	Misericordia	12.48m 40' 11 ¹ / ₂	12.48	12.33	12.35				1(4)	
14	CIOCCO, Kevin	SO	Hood	11.96m 39' 3"	11.96	11.40	11.50				2(10)	
15	PASTOR, Joey	FR	Stevens Instit	11.91m 39' 1"	11.68	11.91	11.09				1(5)	
16	MESEY, Jake	FR	Alvernia	11.90m 39' 0 ¹ / ₂	11.46	FOUL	11.90				1(6)	
17	ZIGARELLI, Zachary	SO	Messiah	11.85m 38' 10 ¹ / ₂	FOUL	FOUL	11.85				1(7)	
18	SMITH, Zackary	SO	Widener	11.48m 37' 8"	FOUL	FOUL	11.48				1(8)	
19	RINALDO, Nicholas	SO	Stevenson	11.27m 36' 11 ³ / ₄	10.62	11.27	10.98				1(9)	
	MUNSON, Billy	FR	Alvernia	NM	FOUL	FOUL	FOUL				2	

#37 Men's Indoor Heptathlon

Pl	Name	Points	60	Long Jump	Shot Put	High Jump	60H	Pole Vault	1000
1	ANGELONE, Aeden Stevens Institute	4518	7.50	5.90m 19' 4 ¹ / ₄	11.99m 39' 4"	1.86m 6' 1 ¹ / ₄	9.23	3.45m 11' 3 ³ / ₄	2:47.70
	Team Points: 10		713	565	606	679	696	469	790
2	SPRINGSTEAD, Da Stevens Institute	4485	7.52	6.15m 20' 2 ¹ / ₄	10.35m 33' 11 ¹ / ₂	1.92m 6' 3 ¹ / ₂	8.82	3.95m 12' 11 ¹ / ₂	3:14.10
	Team Points: 8		706	619	507	731	786	603	533
3	LOEHR, Adam Alvernia	4376	7.52	6.12m 20' 1"	11.05m 36' 3"	1.80m 5' 10 ³ / ₄	8.98	3.15m 10' 4"	2:52.62
	Team Points: 6		706	613	549	627	750	393	738

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#37 Men's Indoor Heptathlon (cont'd)

PI	Name	Points	60	Long Jump	Shot Put	High Jump	60H	Pole Vault	1000
4	SCAMARDELLA, Jo Stevens Institute	4273	7.51	6.10m 20' 0 ¹ / ₄	10.00m 32' 9 ³ / ₄	1.89m 6' 2 ¹ / ₄	10.17	3.75m 12' 3 ¹ / ₂	2:55.77
	Team Points: 5		710	608	486	705	509	549	706
5	PULEO, Caleb Messiah	4246	7.53	6.05m 19' 10 ¹ / ₄	11.26m 36' 11 ¹ / ₂	1.68m 5' 6"	9.43	3.55m 11' 7 ³ / ₄	2:55.82
	Team Points: 4		703	597	562	528	654	496	706
6	STEELE, Bryce Misericordia	3947	7.67	5.74m 18' 10"	10.11m 33' 2"	1.65m 5' 5"	9.16	3.45m 11' 3 ³ / ₄	3:08.80
	Team Points: 3		659	531	492	504	711	469	581
7	SCHWINDT, Alex Stevens Institute	3762	7.45	5.65m 18' 6 ¹ / ₂	9.29m 30' 5 ³ / ₄	1.74m 5' 8 ¹ / ₂	10.67	3.75m 12' 3 ¹ / ₂	3:14.27
	Team Points: 2		729	512	443	577	421	549	531
8	LAPSYNSKI, Erik DeSales	3595	7.71	6.03m 19' 9 ¹ / ₂	9.94m 32' 7 ¹ / ₂	1.71m 5' 7 ¹ / ₄	10.45	2.85m 9' 4 ¹ / ₄	3:13.06
	Team Points: 1		646	593	482	552	459	321	542
9	SABO, Alex Lebanon Valley	3594	7.43	6.36m 20' 10 ¹ / ₂	9.71m 31' 10 ¹ / ₄	1.74m 5' 8 ¹ / ₂	11.63	2.95m 9' 8"	3:14.61
			735	666	468	577	275	345	528
10	PROVAN, Josiah Messiah	3353	7.83	5.49m 18' 0 ¹ / ₄	10.22m 33' 6 ¹ / ₂	1.65m 5' 5"	10.62	2.55m 8' 4 ¹ / ₄	3:09.13
			610	479	499	504	430	253	578

#37-1 Men's Indoor Heptathlon 60 Meters

M	MAC Indoor Champ	6.86	Dereck Davis	Stevenson	2/28/2020
O	MAC Indoor Overall	6.81	Dereck Davis	Stevenson	2020

PI	Name	Yr	Team	Time	Note	H(PI)	Pts
1	SABO, Alex		FR Lebanon Valley	7.43		2(1)	735
2	SCHWINDT, Alex		FR Stevens Institute	7.45		1(1)	729
3	ANGELONE, Aeden		FR Stevens Institute	7.50		2(2)	713
4	SCAMARDELLA, Jonathan		SO Stevens Institute	7.51		1(2)	710
5	LOEHR, Adam		SO Alvernia	7.52	7.515	1(3)	706
6	SPRINGSTEAD, David		FR Stevens Institute	7.52	7.516	2(3)	706
7	PULEO, Caleb		JR Messiah	7.53		1(4)	703
8	STEELE, Bryce		SO Misericordia	7.67		1(5)	659
9	LAPSYNSKI, Erik		FR DeSales	7.71		2(4)	646
10	PROVAN, Josiah		FR Messiah	7.83		2(5)	610

Men's Indoor Heptathlon After 1 Events

PI	Athlete	Yr	Team	Points
1	SABO, Alex	FR	Lebanon Valley	735
2	SCHWINDT, Alex	FR	Stevens Institute	729
3	ANGELONE, Aeden	FR	Stevens Institute	713
4	SCAMARDELLA, Jo	SO	Stevens Institute	710
5	LOEHR, Adam	SO	Alvernia	706
5	SPRINGSTEAD, Da	FR	Stevens Institute	706
7	PULEO, Caleb	JR	Messiah	703

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Men's Indoor Heptathlon After 1 Events (cont'd)

Pl	Athlete	Yr	Team	Points
8	STEELE, Bryce	SO	Misericordia	659
9	LAPSYNSKI, Erik	FR	DeSales	646
10	PROVAN, Josiah	FR	Messiah	610

#37-2 Men's Indoor Heptathlon Long Jump

M	MAC Indoor Champ	7.28m	Ta'rig Thomas	Delaware Valley	2/23/2018
O	MAC Indoor Overall	7.38m	Joe Moore	Moravian	2003

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	SABO, Alex	FR	Lebanon Vall	6.36m 20' 10 ¹ / ₂	6.36 (+0.0)	6.32 (+0.0)	FOUL				666
2	SPRINGSTEAD, David	FR	Stevens Instit	6.15m 20' 2 ¹ / ₄	5.88 (+0.0)	6.15 (+0.0)	6.04 (+0.0)				619
3	LOEHR, Adam	SO	Alvernia	6.12m 20' 1"	5.74 (+0.0)	6.12 (+0.0)	6.04 (+0.0)				613
4	SCAMARDELLA, Jonathan	SO	Stevens Instit	6.10m 20' 0 ¹ / ₄	6.10 (+0.0)	6.10 (+0.0)	6.09 (+0.0)				608
5	PULEO, Caleb	JR	Messiah	6.05m 19' 10 ¹ / ₄	FOUL	6.05 (+0.0)	5.73 (+0.0)				597
6	LAPSYNSKI, Erik	FR	DeSales	6.03m 19' 9 ¹ / ₂	5.96 (+0.0)	6.03 (+0.0)	5.93 (+0.0)				593
7	ANGELONE, Aeden	FR	Stevens Instit	5.90m 19' 4 ¹ / ₄	5.26 (+0.0)	5.88 (+0.0)	5.90 (+0.0)				565
8	STEELE, Bryce	SO	Misericordia	5.74m 18' 10"	5.74 (+0.0)	5.48 (+0.0)	5.38 (+0.0)				531
9	SCHWINDT, Alex	FR	Stevens Instit	5.65m 18' 6 ¹ / ₂	5.63 (+0.0)	5.65 (+0.0)	5.56 (+0.0)				512
10	PROVAN, Josiah	FR	Messiah	5.49m 18' 0 ¹ / ₄	FOUL	5.49 (+0.0)	FOUL				479

Men's Indoor Heptathlon After 2 Events

Pl	Athlete	Yr	Team	Points
1	SABO, Alex	FR	Lebanon Valley	1401
2	SPRINGSTEAD, Da	FR	Stevens Institute	1325
3	LOEHR, Adam	SO	Alvernia	1319
4	SCAMARDELLA, Jo	SO	Stevens Institute	1318
5	PULEO, Caleb	JR	Messiah	1300
6	ANGELONE, Aeden	FR	Stevens Institute	1278
7	SCHWINDT, Alex	FR	Stevens Institute	1241
8	LAPSYNSKI, Erik	FR	DeSales	1239
9	STEELE, Bryce	SO	Misericordia	1190
10	PROVAN, Josiah	FR	Messiah	1089

#37-3 Men's Indoor Heptathlon Shot Put

M	MAC Indoor Champ	17.52m	Fred Fulton	Messiah	2/23/2013
O	MAC Indoor Overall	17.86m	Fred Fulton	Messiah	2013

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	ANGELONE, Aeden	FR	Stevens Instit	11.99m 39' 4"	11.63	11.99	11.80				606
2	PULEO, Caleb	JR	Messiah	11.26m 36' 11 ¹ / ₂	11.26	10.98	10.22				562
3	LOEHR, Adam	SO	Alvernia	11.05m 36' 3"	FOUL	10.97	11.05				549
4	SPRINGSTEAD, David	FR	Stevens Instit	10.35m 33' 11 ¹ / ₂	9.67	10.35	9.91				507
5	PROVAN, Josiah	FR	Messiah	10.22m 33' 6 ¹ / ₂	FOUL	10.22	9.56				499
6	STEELE, Bryce	SO	Misericordia	10.11m 33' 2"	10.11	8.81	9.94				492
7	SCAMARDELLA, Jonathan	SO	Stevens Instit	10.00m 32' 9 ³ / ₄	FOUL	10.00	9.76				486
8	LAPSYNSKI, Erik	FR	DeSales	9.94m 32' 7 ¹ / ₂	9.74	9.38	9.94				482
9	SABO, Alex	FR	Lebanon Vall	9.71m 31' 10 ¹ / ₄	9.05	8.96	9.71				468
10	SCHWINDT, Alex	FR	Stevens Instit	9.29m 30' 5 ³ / ₄	9.03	9.15	9.29				443

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Men's Indoor Heptathlon After 3 Events

Pl	Athlete	Yr	Team	Points
1	ANGELONE, Aeden	FR	Stevens Institute	1884
2	SABO, Alex	FR	Lebanon Valley	1869
3	LOEHR, Adam	SO	Alvernia	1868
4	PULEO, Caleb	JR	Messiah	1862
5	SPRINGSTEAD, Da	FR	Stevens Institute	1832
6	SCAMARDELLA, Jo	SO	Stevens Institute	1804
7	LAPSYNSKI, Erik	FR	DeSales	1721
8	SCHWINDT, Alex	FR	Stevens Institute	1684
9	STEELE, Bryce	SO	Misericordia	1682
10	PROVAN, Josiah	FR	Messiah	1588

#37-4 Men's Indoor Heptathlon High Jump

M	MAC Indoor Champ	2.06m	Aron Szency	Eastern	2/24/2018
M	MAC Indoor Champ	2.06m	Justin Gewirtz	Albright	2011
O	MAC Indoor Overall	2.06m	Aron Szency	Eastern	2018
O	MAC Indoor Overall	2.06m	Justin Gewirtz	Albright	2011

Pl	Name	Yr	Team	Mark	1.68	1.71	1.74	1.77	1.80	1.83	1.86	1.89	1.92	1.95	Pts
1	SPRINGSTEAD, David	FR	Stevens Instit	1.92m 6' 3 ¹ / ₂	P	P	O	P	O	O	XO	XO	O	XXX	731
2	SCAMARDELLA, Jonathan	SO	Stevens Instit	1.89m 6' 2 ¹ / ₄	P	P	O	P	O	O	O	XO	XXX		705
3	ANGELONE, Aeden	FR	Stevens Instit	1.86m 6' 1 ¹ / ₄	O	P	XO	XXO	O	O	XXO	X			679
4	LOEHR, Adam	SO	Alvernia	1.80m 5' 10 ³ / ₄	XO	O	XO	XO	O	XXX					627
5	SABO, Alex	FR	Lebanon Vall	1.74m 5' 8 ¹ / ₂	XO	O	O	XXX							577
6	SCHWINDT, Alex	FR	Stevens Instit	1.74m 5' 8 ¹ / ₂	O	XO	XO	XXX							577
7	LAPSYNSKI, Erik	FR	DeSales	1.71m 5' 7 ¹ / ₄	XO	O	XXX								552
8	PULEO, Caleb	JR	Messiah	1.68m 5' 6"	XO	XXX									528
9	PROVAN, Josiah	FR	Messiah	1.65m 5' 5"	XXX										504
10	STEELE, Bryce	SO	Misericordia	1.65m 5' 5"	XXX										504

Pl	Name	Yr	Team	Mark	1.47	1.50	1.53	1.56	1.59	1.62	1.65	Pts
4	LOEHR, Adam	SO	Alvernia	(cont'd)	P	P	P	P	P	O	O	627
5	SABO, Alex	FR	Lebanon Vall	(cont'd)	P	O	P	O	O	P	O	577
6	SCHWINDT, Alex	FR	Stevens Instit	(cont'd)	P	P	P	P	P	O	O	577
7	LAPSYNSKI, Erik	FR	DeSales	(cont'd)	P	O	O	O	XO	O	XXO	552
8	PULEO, Caleb	JR	Messiah	(cont'd)	P	O	P	O	O	XO	O	528
9	PROVAN, Josiah	FR	Messiah	1.65m 5' 5"	O	O	P	O	XO	XXO	O	504
10	STEELE, Bryce	SO	Misericordia	1.65m 5' 5"	P	O	O	P	O	O	XO	504

Men's Indoor Heptathlon After 4 Events

Pl	Athlete	Yr	Team	Points
1	SPRINGSTEAD, Da	FR	Stevens Institute	2563
1	ANGELONE, Aeden	FR	Stevens Institute	2563
3	SCAMARDELLA, Jo	SO	Stevens Institute	2509
4	LOEHR, Adam	SO	Alvernia	2495
5	SABO, Alex	FR	Lebanon Valley	2446
6	PULEO, Caleb	JR	Messiah	2390
7	LAPSYNSKI, Erik	FR	DeSales	2273
8	SCHWINDT, Alex	FR	Stevens Institute	2261

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Men's Indoor Heptathlon After 4 Events (cont'd)

Pl	Athlete	Yr	Team	Points
9	STEELE, Bryce	SO	Misericordia	2186
10	PROVAN, Josiah	FR	Messiah	2092

#37-5 Men's Indoor Heptathlon 60m Hurdles

M	MAC Indoor Champ	8.30	Nicholas White	Messiah	2/28/2015
O	MAC Indoor Overall	8.19	Jerome Duncan	Lebanon Valley	2012

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	SPRINGSTEAD, David	FR	Stevens Institute	8.82		3(1)	786
2	LOEHR, Adam	SO	Alvernia	8.98		2(1)	750
3	STEELE, Bryce	SO	Misericordia	9.16		1(1)	711
4	ANGELONE, Aeden	FR	Stevens Institute	9.23		2(2)	696
5	PULEO, Caleb	JR	Messiah	9.43		1(2)	654
6	SCAMARDELLA, Jonathan	SO	Stevens Institute	10.17		2(3)	509
7	LAPSYNSKI, Erik	FR	DeSales	10.45		3(2)	459
8	PROVAN, Josiah	FR	Messiah	10.62		3(3)	430
9	SCHWINDT, Alex	FR	Stevens Institute	10.67		1(3)	421
10	SABO, Alex	FR	Lebanon Valley	11.63		2(4)	275

Men's Indoor Heptathlon After 5 Events

Pl	Athlete	Yr	Team	Points
1	SPRINGSTEAD, Da	FR	Stevens Institute	3349
2	ANGELONE, Aeden	FR	Stevens Institute	3259
3	LOEHR, Adam	SO	Alvernia	3245
4	PULEO, Caleb	JR	Messiah	3044
5	SCAMARDELLA, Jo	SO	Stevens Institute	3018
6	STEELE, Bryce	SO	Misericordia	2897
7	LAPSYNSKI, Erik	FR	DeSales	2732
8	SABO, Alex	FR	Lebanon Valley	2721
9	SCHWINDT, Alex	FR	Stevens Institute	2682
10	PROVAN, Josiah	FR	Messiah	2522

#37-6 Men's Indoor Heptathlon Pole Vault

M	MAC Indoor Champ	5.13m	Tim Moses	Messiah	2/27/2016
O	MAC Indoor Overall	5.25m	Tim Moses	Messiah	2015

Pl	Name	Yr	Team	Mark	3.25	3.35	3.45	3.55	3.65	3.75	3.85	3.95	4.05	4.15	Pts
1	SPRINGSTEAD, David	FR	Stevens Instit	3.95m 12' 11 1/2"	O	P	O	P	O	O	O	O	XPP	XX	603
2	SCHWINDT, Alex	FR	Stevens Instit	3.75m 12' 3 1/2"	O	P	O	P	XXO	O	XXX				549
3	SCAMARDELLA, Jonathan	SO	Stevens Instit	3.75m 12' 3 1/2"	XPP	O	O	O	XXO	O	XP				549
4	PULEO, Caleb	JR	Messiah	3.55m 11' 7 3/4"	O	O	O	XXO	XXX						496
5	ANGELONE, Aeden	FR	Stevens Instit	3.45m 11' 3 3/4"	O	O	O	XXX							469
6	STEELE, Bryce	SO	Misericordia	3.45m 11' 3 3/4"	XXO	O	XXO	XXX							469
7	LOEHR, Adam	SO	Alvernia	3.15m 10' 4"	XXX										393

Pl	Name	Yr	Team	Mark	2.25	2.35	2.45	2.55	2.65	2.75	2.85	2.95	3.05	3.15	Pts
3	SCAMARDELLA, Jonathan	SO	Stevens Instit	(cont'd)	P	P	P	P	P	P	P	P	O	P	549
4	PULEO, Caleb	JR	Messiah	(cont'd)	P	P	P	P	P	P	P	P	O	P	496
5	ANGELONE, Aeden	FR	Stevens Instit	(cont'd)	P	P	P	P	O	P	P	O	P	XO	469
6	STEELE, Bryce	SO	Misericordia	(cont'd)	P	P	P	P	P	P	P	O	P	O	469

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#37-6 Men's Indoor Heptathlon Pole Vault (cont'd)

Pl	Name	Yr	Team	Mark	1.85	1.95	2.05	2.15							Pts
7	LOEHR, Adam	SO	Alvernia	3.15m 10' 4"	P	P	P	P	P	O	P	O	P	XO	393
8	SABO, Alex	FR	Lebanon Vall	2.95m 9' 8"	P	O	P	O	O	O	O	XO	XXX		345
9	LAPSYNSKI, Erik	FR	DeSales	2.85m 9' 4 1/4	O	O	O	XO	O	XXO	O	XXX			321
10	PROVAN, Josiah	FR	Messiah	2.55m 8' 4 1/4	O	P	P	O	XXX						253
	Pl Name		Yr Team	Mark	1.85	1.95	2.05	2.15							Pts
8	SABO, Alex	FR	Lebanon Vall	(cont'd)	P	P	P	O							345
9	LAPSYNSKI, Erik	FR	DeSales	(cont'd)	O	O	XO	O							321

Men's Indoor Heptathlon After 6 Events

Pl	Athlete	Yr	Team	Points
1	SPRINGSTEAD, Da	FR	Stevens Institute	3952
2	ANGELONE, Aeden	FR	Stevens Institute	3728
3	LOEHR, Adam	SO	Alvernia	3638
4	SCAMARDELLA, Jo	SO	Stevens Institute	3567
5	PULEO, Caleb	JR	Messiah	3540
6	STEELE, Bryce	SO	Misericordia	3366
7	SCHWINDT, Alex	FR	Stevens Institute	3231
8	SABO, Alex	FR	Lebanon Valley	3066
9	LAPSYNSKI, Erik	FR	DeSales	3053
10	PROVAN, Josiah	FR	Messiah	2775

#37-7 Men's Indoor Heptathlon 1000 Meters

Pl	Name	Yr	Team	Time	Note	Pts
1	ANGELONE, Aeden	FR	Stevens Institute	2:47.70		790
2	LOEHR, Adam	SO	Alvernia	2:52.62		738
3	SCAMARDELLA, Jonathan	SO	Stevens Institute	2:55.77		706
4	PULEO, Caleb	JR	Messiah	2:55.82		706
5	STEELE, Bryce	SO	Misericordia	3:08.80		581
6	PROVAN, Josiah	FR	Messiah	3:09.13		578
7	LAPSYNSKI, Erik	FR	DeSales	3:13.06		542
8	SPRINGSTEAD, David	FR	Stevens Institute	3:14.10		533
9	SCHWINDT, Alex	FR	Stevens Institute	3:14.27		531
10	SABO, Alex	FR	Lebanon Valley	3:14.61		528

Men's Indoor Heptathlon After 7 Events

Pl	Athlete	Yr	Team	Points
1	ANGELONE, Aeden	FR	Stevens Institute	4518
2	SPRINGSTEAD, Da	FR	Stevens Institute	4485
3	LOEHR, Adam	SO	Alvernia	4376
4	SCAMARDELLA, Jo	SO	Stevens Institute	4273
5	PULEO, Caleb	JR	Messiah	4246
6	STEELE, Bryce	SO	Misericordia	3947
7	SCHWINDT, Alex	FR	Stevens Institute	3762
8	LAPSYNSKI, Erik	FR	DeSales	3595
9	SABO, Alex	FR	Lebanon Valley	3594
10	PROVAN, Josiah	FR	Messiah	3353

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M	MAC Indoor Champ	7.63	Oniesha Clarke	Misericordia	2/25/2017
O	MAC Indoor Overall	7.63	Oniesha Clark	Misericordia	2017

Finals

Pl	Name	Yr	Team	Time	Note	Pts
1	MATHEWS, Laura	FR	Stevens Institute	7.89		10
2	WIEDERRECHT, Kathryn	JR	Messiah	7.90		8
3	MOYER, Courtney	JR	Eastern	8.02		6
4	WEENINK, Nicole	SR	Eastern	8.14		5
5	JACOBSON, Emily	JR	DeSales	8.21		4
6	HINSON, Ryley	JR	Stevenson	8.23		3
7	ALBA, Asya	SR	Arcadia	8.38		2
8	BADILLO, Sonialys	FR	Misericordia	8.42		1

Prelims

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	MATHEWS, Laura	FR	Stevens Institute	7.91Q		3(1)
2	WIEDERRECHT, Kathryn	JR	Messiah	8.01Q		2(1)
3	MOYER, Courtney	JR	Eastern	8.06Q		1(1)
4	WEENINK, Nicole	SR	Eastern	8.09q		1(2)
5	BADILLO, Sonialys	FR	Misericordia	8.19q		2(2)
6	ALBA, Asya	SR	Arcadia	8.22q	8.213	2(3)
7	HINSON, Ryley	JR	Stevenson	8.22q	8.217	1(3)
8	JACOBSON, Emily	JR	DeSales	8.24q		2(4)
9	CRAIG, Olivia	JR	DeSales	8.29		3(2)
10	ROGERS, Mackenzie	FR	Hood	8.30		2(5)
11	HERZOG, Olivia	SO	Alvernia	8.32		1(4)
12	TENNEH, Pauline	SO	Albright	8.33		3(3)
13	LONGSHAW, Ellie	SO	Messiah	8.34		1(5)
14	BORBOLLA DIAZ, Alejandra	JR	Widener	8.35		3(4)
15	HAND, Alyse	FR	Eastern	8.38		3(5)
16	FERGUSON, Inicia	FR	Eastern	8.39		1(6)
17	BILLINGS, Laura	JR	DeSales	8.43	8.424	3(6)
18	BERRY, Le'June	FR	Misericordia	8.43	8.430	2(6)
19	ILIESCU, Roxy	FR	Arcadia	8.44	8.434	1(7)
20	BROGA, Angelina	FR	King's (Pa.)	8.44	8.435	2(7)
21	HOLDER, Rehanna	SO	Albright	8.54		1(8)
22	HACKENBERG, Amber	FR	Misericordia	8.55		2(8)
23	KEMERY, Karlyna	JR	DeSales	8.57		3(7)
	BURKERT, Claire	SR	Widener	DNS		3

#23 Women's 200 Meters

M	MAC Indoor Champ	25.43	Shannon Roberts	Manhattanvil	2/27/2016
O	MAC Indoor Overall	25.24	Shannon Roberts	Manhattanville	2016

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	WIEDERRECHT, Kathryn	JR	Messiah	25.73		5(1)	10
2	DELLO RUSSO, Gina	SR	Stevens Institute	25.79		5(2)	8
3	MATHEWS, Laura	FR	Stevens Institute	25.82		5(3)	6

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Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
4	HOWELL, Angelica	JR	Widener	26.40		4(1)	5
5	WEENINK, Nicole	SR	Eastern	26.55		5(4)	4
6	SLADER, Ellissa	SO	Messiah	26.59		5(5)	3
7	JONES, Cecilia	JR	Eastern	26.95		4(2)	2
8	ROUSE, Rayven	FR	Eastern	27.03		3(1)	1
9	BORBOLLA DIAZ, Alejandra	JR	Widener	27.33		4(3)	
10	GEISHEIMER, Julia	JR	Messiah	27.34		3(2)	
11	LONGSHAW, Ellie	SO	Messiah	27.63		3(3)	
12	ROGERS, Mackenzie	FR	Hood	27.64		2(1)	
13	HINSON, Ryley	JR	Stevenson	27.65		4(4)	
14	DORNER, Tatiana	SO	Misericordia	27.76		2(2)	
15	HAND, Alyse	FR	Eastern	27.87		1(1)	
16	HERZOG, Olivia	SO	Alvernia	28.03		1(2)	
17	BADILLO, Sonialys	FR	Misericordia	28.05	28.045	4(5)	
18	BROGA, Angelina	FR	King's (Pa.)	28.05	28.046	2(3)	
19	MOYER, Courtney	JR	Eastern	28.11		1(3)	
20	FERGUSON, Inicia	FR	Eastern	28.22		3(4)	
21	CRAIG, Olivia	JR	DeSales	28.33	28.328	2(4)	
22	KENNEDY, Kelsie	SR	Messiah	28.33	28.329	3(5)	
23	COLABELLI, Hailey	FR	Misericordia	28.84		2(5)	
	ALBA, Asya	SR	Arcadia	DNS		1	

#19 Women's 400 Meters

M	MAC Indoor Champ	57.49	Gina Dello Russo	Stevens Institute of	2/29/2020	
O	MAC Indoor Overall	56.79	Gina Dello Russo	Stevens	2020	"Banked"

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	DELLO RUSSO, Gina	SR	Stevens Institute	57.49		4(1)	10
2	SLADER, Ellissa	SO	Messiah	58.38		4(2)	8
3	SEELAND, Esther	SO	Messiah	1:00.35		4(3)	6
4	JONES, Cecilia	JR	Eastern	1:00.66		3(1)	5
5	HOWELL, Angelica	JR	Widener	1:00.90		4(4)	4
6	WIEDERRECHT, Taylor	SR	Messiah	1:01.70		4(5)	3
7	FORD, Tara	JR	Eastern	1:01.79		3(2)	2
8	BADILLO, Sonialys	FR	Misericordia	1:02.32		3(3)	1
9	CROSLEY, Rebecca	JR	Messiah	1:02.58		1(1)	
10	COLABELLI, Hailey	FR	Misericordia	1:02.86		3(4)	
11	ROUSE, Rayven	FR	Eastern	1:03.04		2(1)	
12	ORZECZOWSKI, Kailey	JR	King's (Pa.)	1:03.12		3(5)	
13	CRAWFORD, Lindsey	SO	Eastern	1:03.27		2(2)	
14	RINE, Averi	SO	Misericordia	1:03.63		1(2)	
15	HACKENBERG, Amber	FR	Misericordia	1:03.84		1(3)	
16	ROSS, Sarah	JR	King's (Pa.)	1:04.41		2(3)	
17	KLINGER, Delaney	FR	DeSales	1:04.75		1(4)	
18	HAND, Alyse	FR	Eastern	1:05.14		2(4)	
19	FERGUSON, Inicia	FR	Eastern	1:06.40		2(5)	
20	CHANDLER, Cassidy	FR	Messiah	1:07.40		1(5)	

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RESULTS**#21 Women's 800 Meters**

M MAC Indoor Champ 2:16.37 Cynthia Adams Lebanon Vall 2/23/2013
 O MAC Indoor Overall 2:08.81 Cynthia Adams Lebanon Valley 2015

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	SEELAND, Esther		SO Messiah	2:19.09		2(1)	10
2	BERNOTAS, Katelyn		JR Eastern	2:21.66		2(2)	8
3	BYRNES, Emily		FR Eastern	2:23.24		2(3)	6
4	SCHOENER, Katelyn		SO Alvernia	2:25.21		2(4)	5
5	JONES, Shelbi		SR Misericordia	2:25.89		2(5)	4
6	CORY , Olivia		FR Messiah	2:27.61		1(1)	3
7	SEMMES, Maia		JR Widener	2:27.82		2(6)	2
8	ALBRIGHT, Beth		SO King's (Pa.)	2:28.52		1(2)	1
9	HESS, Brieanna		SO Messiah	2:28.79		1(3)	
10	JOHNSEN, Emma		SO Messiah	2:29.50		1(4)	
11	HADSALL, Kelsey		SR Misericordia	2:30.17		1(5)	
12	ULAKY, Brianna		SO Eastern	2:30.59		1(6)	
13	BERNOTAS, Megan		SR Eastern	2:30.80		2(7)	
14	ODOLLA, Achol		SR Stevenson	2:31.63		2(8)	
15	FOGELSANGER , Amber		FR Messiah	2:31.65		1(7)	
16	WAWRYZNSKI, Julia		FR Lebanon Valley	2:31.73		1(8)	
17	FRITZSCH, Lauren		JR Misericordia	2:34.78		1(9)	

#17 Women's 1 Mile Run

M MAC Indoor Champ 5:01.06 Esther Seeland Messiah 2/23/2019
 O MAC Indoor Overall 4:54.10 Gina Lucrezi DeSales 2004

Pl	Name	Yr	Team	Time	Note	Pts
1	SEELAND, Esther		SO Messiah	5:07.88		10
2	BERNOTAS, Katelyn		JR Eastern	5:08.36		8
3	SABO, Mikhayla		SO Stevenson	5:11.86		6
4	BERNOTAS, Mary		SO Eastern	5:17.01		5
5	BERNOTAS, Megan		SR Eastern	5:17.72		4
6	GABLE, Carly		FR Widener	5:18.33		3
7	SMITH, Amelia		FR DeSales	5:22.51		2
8	WESTER , Chloe		FR Messiah	5:26.01		1
9	RESELE, Julia		SO Lebanon Valley	5:28.67		
10	FERTIG, Emma		JR Messiah	5:34.07		
11	COGGINS , Connor		FR Messiah	5:36.44		
12	MULHEARN, Corinne		SR Misericordia	5:42.18		
13	NIKERLE, Jillian		JR Eastern	5:46.30		
14	SMITH, Georgia		FR Misericordia	5:48.61		

#25 Women's 3000 Meters

M MAC Indoor Champ 10:02.53 Veronica Wheeler DeSales 2/24/2018
 O MAC Indoor Overall 9:50.09 Veronica Wheeler DeSales 2018

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	JONES, Keri		JR Lebanon Valley	10:21.23		2(1)	10
2	VISAGGIO, Olivia		SO Misericordia	10:23.62		2(2)	8

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RESULTS**#25 Women's 3000 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
3	GATES, Emily	JR	Stevenson	10:28.80		2(3)	6
4	LUNDEMO, Trinity	SO	Stevens Institute	10:31.49		2(4)	5
5	THOMPSON, Alexa	SO	Misericordia	10:31.80		2(5)	4
6	WICK, Lauren	JR	Lebanon Valley	10:34.93		2(6)	3
7	SABO, Mikhayla	SO	Stevenson	10:35.55		2(7)	2
8	BERNOTAS, Mary	SO	Eastern	10:39.04		2(8)	1
9	PEPE, Rowan	JR	Misericordia	10:43.90		2(9)	
10	MURAWSKI, Kayla	JR	DeSales	10:45.93		2(10)	
11	CODD, Sarah	JR	Messiah	10:49.04		2(11)	
12	SWOPE, Emily	SR	Widener	11:02.74		1(1)	
13	GASTON, Cera	JR	Messiah	11:04.68		2(12)	
14	BOYLES, Elainah	SR	Eastern	11:05.63		2(13)	
15	MCATEE, Kristin	JR	Stevens Institute	11:07.92		2(14)	
16	POWELL, Teddi	FR	Messiah	11:08.22		1(2)	
17	LIVOTI, Marisa	SR	Eastern	11:08.78		2(15)	
18	GALBRAITH, Joy	FR	Messiah	11:14.66		1(3)	
19	SWAISGOOD, Amber	FR	Messiah	11:17.90		1(4)	
20	COGGINS, Connor	FR	Messiah	11:19.23		1(5)	
21	ACOSTA, Nina	JR	Misericordia	11:19.78		1(6)	
22	BLAIR, Shannon	SO	DeSales	11:22.13		1(7)	
23	SCHRUM, Susan	JR	Lebanon Valley	11:22.53		1(8)	
24	MURPHY, Grace	SO	Widener	11:25.82		1(9)	
25	PROTHERO, Katelyn	SO	Messiah	11:32.11		1(10)	
26	DUNTEMAN, Ashley	SR	Misericordia	11:39.97		1(11)	
27	WAGEMAKER, Abby	FR	Eastern	11:55.79		1(12)	

#8 Women's 5000 Meters

M	MAC Indoor Champ	17:32.05	Clare Schoen	Misericordia		2/22/2019	
O	MAC Indoor Overall	17:07.52	Clare Schoen	Misericordia		2018	"Banked"
Pl	Name	Yr	Team	Time	Note	Pts	
1	VISAGGIO, Olivia	SO	Misericordia	18:05.26		10	
2	GATES, Emily	JR	Stevenson	18:20.20		8	
3	BERNOTAS, Mary	SO	Eastern	18:20.65		6	
4	THOMPSON, Alexa	SO	Misericordia	18:24.11		5	
5	MURAWSKI, Kayla	JR	DeSales	18:35.53		4	
6	BERNOTAS, Megan	SR	Eastern	18:42.96		3	
7	CODD, Sarah	JR	Messiah	18:47.12		2	
8	WICK, Lauren	JR	Lebanon Valley	18:47.72		1	
9	PEPE, Rowan	JR	Misericordia	18:56.30			
10	BREWER, Julia	FR	Lebanon Valley	18:56.46			
11	GASTON, Cera	JR	Messiah	18:59.87			
12	MCATEE, Kristin	JR	Stevens Institute	19:10.14			
13	ARBOUR, Peyton	FR	Stevenson	19:16.24			
14	GALBRAITH, Joy	FR	Messiah	19:20.27			
15	SWOPE, Emily	SR	Widener	19:26.15			
16	BOYLES, Elainah	SR	Eastern	19:29.38			

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RESULTS**#8 Women's 5000 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Note	Pts
17	POWELL, Teddi	FR	Messiah	19:39.91		
18	WAGEMAKER, Abby	FR	Eastern	19:57.00		
19	ACOSTA, Nina	JR	Misericordia	20:07.52		
20	DUNTEMAN, Ashley	SR	Misericordia	20:09.76		
21	PROTHERO, Katelyn	SO	Messiah	20:27.84		
22	NIKERLE, Jillian	JR	Eastern	20:54.60		
23	MURPHY, Grace	SO	Widener	21:01.69		

#4 Women's 60m Hurdles

M	MAC Indoor Champ	8.97	Johanna Walker	Lebanon Valley	2012
O	MAC Indoor Overall	8.81	Kristen Bates	Messiah	2010

Finals

Pl	Name	Yr	Team	Time	Note	Pts
1	MATHEWS, Laura	FR	Stevens Institute	9.02		10
2	WIEDERRECHT, Kathryn	JR	Messiah	9.22		8
3	WEENINK, Nicole	SR	Eastern	9.24		6
4	TONY, Amanda	FR	Alvernia	9.28		5
5	HARRINGTON, Emily	SO	King's (Pa.)	9.44		4
6	PIROLLO, Susanna	JR	Alvernia	9.56		3
7	WIEDERRECHT, Taylor PANEK, Rachel	SR JR	Messiah Stevenson	9.68 DNS		2

Prelims

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	MATHEWS, Laura	FR	Stevens Institute	9.00Q		4(1)
2	WIEDERRECHT, Kathryn	JR	Messiah	9.30Q		2(1)
3	WIEDERRECHT, Taylor	SR	Messiah	9.32Q		1(1)
4	WEENINK, Nicole	SR	Eastern	9.35q		2(2)
5	HARRINGTON, Emily	SO	King's (Pa.)	9.45q		4(2)
6	PANEK, Rachel	JR	Stevenson	9.48Q		3(1)
7	PIROLLO, Susanna	JR	Alvernia	9.51q		3(2)
8	TONY, Amanda	FR	Alvernia	9.56q		3(3)
9	GONZALEZ, Jasmine	SO	Eastern	9.81		4(3)
10	WILLIAMS, Kristen	FR	Stevens Institute	9.86		1(2)
11	BILLINGS, Laura	JR	DeSales	9.89		1(3)
12	KENNEDY, Kelsie	SR	Messiah	10.01		2(3)
13	MACK, Kiana	FR	Stevenson	10.05		3(4)
14	SIMUNEK, Julianna	SO	Misericordia	10.19		2(4)
15	FRITZSCH, Lauren	JR	Misericordia	10.31		2(5)
16	KRUMPFER, Kristine	FR	King's (Pa.)	10.35		4(4)
17	NEWMAN, Emily	FR	Eastern	10.45		1(4)
18	MCNAMARA, Kirstyn	JR	Lebanon Valley	10.53		3(5)
19	DOWELL, Allie	FR	DeSales	10.57		1(5)
20	PAGLIANITE, Amanda	SO	Misericordia	10.60		1(6)
21	LORD, Lindsay	SR	Misericordia	10.67	10.668	4(5)
22	FORREST, Chelsea	SR	Albright	10.67	10.670	2(6)

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Pl	Name	Yr	Team	Time	Note	H(Pl)
23	TRUAX, Madeline		JR Alvernia	10.90		3(6)
24	ZUO, Sophia		FR Stevens Institute	11.29		4(6)
	BURKERT, Claire		SR Widener	DNF		4

#10 Women's 4 x 200m Relay

Pl	Team	Time	Note	H(Pl)	Pts
M	MAC Indoor Champ	1:45.45			
O	MAC Indoor Overall	1:44.70			
	K.Fitti-Hafer, A. Farrell, I Anensteiner, J. Lebanon Valley			2012	
	H. Norris, S. Perkins, J. Dunn, S. Grow Misericordia			2013	
1	Messiah (A)	1:46.81		3(1)	10
	1) WIEDERRECHT, Kathryn JR		2) LONGSHAW, Ellie SO		
	3) GEISHEIMER, Julia JR		4) SLADER, Ellissa SO		
2	Eastern (A)	1:47.02		3(2)	8
	1) WEENINK, Nicole SR		2) ROUSE, Rayven FR		
	3) FERGUSON, Inicia FR		4) JONES, Cecilia JR		
3	Widener (A)	1:48.12		3(3)	6
	1) BORBOLLA DIAZ, Alejandra JR		2) LOWNES, Carly FR		
	3) SHEERER, Abigail SR		4) HOWELL, Angelica JR		
4	Stevens Institute (A)	1:48.50		3(4)	5
	1) MATHEWS, Laura FR		2) MEYER, Liana FR		
	3) WILLIAMS, Kristen FR		4) DELLO RUSSO, Gina SR		
5	King's (Pa.) (A)	1:51.00		2(1)	4
	1) ROSS, Sarah JR		2) ORZECZOWSKI, Kailey JR		
	3) BROGA, Angelina FR		4) HARRINGTON, Emily SO		
6	DeSales (A)	1:51.33		2(2)	3
	1) CRAIG, Olivia JR		2) KEMERY, Karlyna JR		
	3) KLINGER, Delaney FR		4) JACOBSON, Emily JR		
7	Alvernia (A)	1:51.56		2(3)	2
	1) WOLF, Madison FR		2) HOOVER, Chaslin FR		
	3) TONY, Amanda FR		4) HERZOG, Olivia SO		
8	Albright (A)	1:56.16		1(1)	1
	1) RENE, Gabriella FR		2) NELSON, Naiema SO		
	3) CAMPBELL, Joy SR		4) HOLDER, Rehanna SO		
9	Arcadia (A)	1:58.39		1(2)	
	1) ALBA, Asya SR		2) LINES-LIVERING, Mallory JR		
	3) SWAY, Bridget SR		4) ILIESCU, Roxy FR		
10	Lebanon Valley (A)	1:59.11		1(3)	
	1) FORD, Rebecca JR		2) SHAFFER, Jennifer FR		
	3) BANEY, Anne SO		4) GLASS, Chloe FR		
	Misericordia (A)			FS	3
	1) DORNER, Tatiana SO		2) COLABELLI, Hailey FR		
	3) BADILLO, Sonialys FR		4) RINE, Averi SO		

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Pl	Team	Time	Note	H(Pl)	Pts
M	MAC Indoor Champ	4:02.90			
O	MAC Indoor Overall	3:53.00			
	M Fairchild, K Fairchild, M Fry, A Viti		Misericordia	2/28/2015	
	M. Fairchild, M. Fry, K. Fairchild, A. Viti		Misericordia	2015	
1	Messiah (A)	4:04.99		2(1)	10
	1) WIEDERRECHT, Kathryn JR		2) KENNEDY, Kelsie SR		
	3) CROSLEY, Rebecca JR		4) SLADER, Ellissa SO		
2	Eastern (A)	4:06.20		2(2)	8
	1) FORD, Tara JR		2) ROUSE, Rayven FR		
	3) JONES, Cecilia JR		4) BERNOTAS, Katelyn JR		
3	Misericordia (A)	4:14.18		2(3)	6
	1) RINE, Averi SO		2) COLABELLI, Hailey FR		
	3) HACKENBERG, Amber FR		4) BADILLO, Sonialys FR		
4	Widener (A)	4:23.16		2(4)	5
	1) LOWNES, Carly FR		2) SHEERER, Abigail SR		
	3) MACKEL, Kathryn SR		4) HOWELL, Angelica JR		
5	King's (Pa.) (A)	4:23.36		1(1)	4
	1) ROSS, Sarah JR		2) BROGA, Angelina FR		
	3) ALBRIGHT, Beth SO		4) ORZECHOWSKI, Kailey JR		
6	Stevens Institute (A)	4:23.61		2(5)	3
	1) BARNES, Melissa SR		2) MEYER, Liana FR		
	3) CAIRNS, Julia FR		4) O'KELLY, Erica FR		
7	DeSales (A)	4:25.19		1(2)	2
	1) BILLINGS, Laura JR		2) DOWELL, Allie FR		
	3) KLINGER, Delaney FR		4) JACOBSON, Emily JR		
8	Stevenson (A)	4:25.24		2(6)	1
	1) MACK, Kiana FR		2) SABO, Mikhayla SO		
	3) GATES, Emily JR		4) HINSON, Ryley JR		
9	Albright (A)	4:41.43		1(3)	
	1) CAMPBELL, Joy SR		2) HOLDER, Rehanna SO		
	3) SHOW, Madison FR		4) DANIELS, Rachael SO		
10	Arcadia (A)	4:41.86		1(4)	
	1) ILIESCU, Roxy FR		2) LINES-LIVERING, Mallory JR		
	3) PONTIS, Veronica SR		4) STRAVINSKY, Chloe SO		
11	Lebanon Valley (A)	4:44.91		1(5)	
	1) SHAFFER, Jennifer FR		2) MCNAMARA, Kirstyn JR		
	3) PARKS, Grace FR		4) GLASS, Chloe FR		
	Alvernia (A)			DNS	1
	1) HERZOG, Olivia SO		2) MCKENNA, Paige SO		
	3) SCHOENER, Katelyn SO		4) PIROLLO, Susanna JR		

**2020 MIDDLE ATLANTIC CONFERENCE INDOOR
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MAC-FAT, LLC.**OFFICIAL MEET REPORT**
printed: 2/29/2020 5:21 PM**RESULTS****#27 Women's 4 x 800m Relay**M MAC Indoor Champ 9:38.42 M Landis, B Hess, M Lewin, E Seeland Messiah 2/23/2019
O MAC Indoor Overall 9:37.23 M. Cusatis, K. Cameron, B. Comiskey, Misericordia 2011

Pl	Team	Time	Note	Pts
1	Messiah (A)	9:41.48		10
	1) LANDIS, Maddison SR		2) CORY , Olivia FR	
	3) KRUTH , Laura FR		4) SEELAND, Esther SO	
2	Eastern (A)	9:52.27		8
	1) BERNOTAS, Megan SR		2) BYRNES, Emily FR	
	3) MYERS, Pamela SR		4) BERNOTAS, Katelyn JR	
3	Widener (A)	10:07.35		6
	1) GABLE, Carly FR		2) MCCANN, Elise SR	
	3) KITCHIN, Megan SR		4) SEMMES, Maia JR	
4	Lebanon Valley (A)	10:12.82		5
	1) RESELE, Julia SO		2) WAWRYZNSKI, Julia FR	
	3) HOFFMAN, Marah SO		4) JONES, Keri JR	
5	Misericordia (A)	10:14.63		4
	1) HADSALL, Kelsey SR		2) JONES, Shelbi SR	
	3) MULHEARN, Corinne SR		4) FRITZSCH, Lauren JR	
6	Stevens Institute (A)	10:17.15		3
	1) MICELI, Erin FR		2) CORR, Caroline FR	
	3) LUNDEMO, Trinity SO		4) O'KELLY, Erica FR	
7	DeSales (A)	10:18.29		2
	1) DICESARE, Bridget FR		2) MURPHY, Sara FR	
	3) SMITH, Amelia FR		4) MARKWALTER, LeeAnn SO	
8	Stevenson (A)	10:33.37		1
	1) GORMAN, Mary FR		2) ARBOUR, Peyton FR	
	3) AL NASERI, Maryam FR		4) ODOLLA, Achol SR	
9	Hood (A)	10:40.20		
	1) CONLEY, Elijah FR		2) PLAUDIS, Haylee FR	
	3) CROSSEY, Lauren SO		4) HENSON-VENDRELL, Raphaella FR	

#2 Women's 4000m DMRM MAC Indoor Champ 12:14.01 T. Barlow, L. McGarrity, S. Bulter, G. DeSales 2005
O MAC Indoor Overall 11:59.22 A. Viti, M. Fairchild, K. Fairchild, B. Misericordia 2016

Pl	Team	Time	Note	Pts
1	Eastern (A)	12:21.57		10
	1) BOYLES, Elainah SR		2) ULAKY, Brianna SO	
	3) MYERS, Pamela SR		4) BYRNES, Emily FR	
2	Messiah (A)	12:28.00		8
	1) LANDIS, Maddison SR		2) CROSLEY, Rebecca JR	
	3) KRUTH , Laura FR		4) SEELAND, Esther SO	

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#2 Women's 4000m DMR (cont'd)

Pl	Team	Time	Note	Pts
3	Lebanon Valley (A)	12:44.52		6
	1) JONES, Keri JR		2) FORD, Rebecca JR	
	3) WAWRYZNSKI, Julia FR		4) BREWER, Julia FR	
4	Stevens Institute (A)	12:55.06		5
	1) MICELI, Erin FR		2) BARNES, Melissa SR	
	3) O'KELLY, Erica FR		4) LUNDEMO, Trinity SO	
5	Stevenson (A)	12:55.94		4
	1) GORMAN, Mary FR		2) HINSON, Ryley JR	
	3) ODOLLA, Achol SR		4) SABO, Mikhayla SO	
6	Widener (A)	12:56.32		3
	1) MCCANN, Elise SR		2) KITCHIN, Megan SR	
	3) SEMMES, Maia JR		4) GABLE, Carly FR	
7	DeSales (A)	12:59.31		2
	1) MARKWALTER, LeeAnn SO		2) DICESARE, Bridget FR	
	3) MURPHY, Sara FR		4) SMITH, Amelia FR	
8	Misericordia (A)	13:10.41		1
	1) JONES, Shelbi SR		2) HACKENBERG, Amber FR	
	3) HADSALL, Kelsey SR		4) MULHEARN, Corinne SR	
9	Hood (A)	13:36.85		
	1) CONLEY, Elijah FR		2) HENSON-VENDRELL, Raphaella FR	
	3) PRZYWARA, Krista FR		4) PLAUDIS, Haylee FR	

#34 Women's High Jump

M	MAC Indoor Champ	1.71m	Taylor	Wiederrecht	2/23/2019
O	MAC Indoor Overall	1.76m	Ashlee Ward	Misericordia	2014

Pl	Name	Yr Team	Mark	1.32	1.37	1.42	1.47	1.50	1.53	1.56	1.59	1.62	1.65	Pts
1	SHEERER, Abigail	SR Widener	1.62m 5' 3 ³ / ₄	P	P	O	O	O	O	XO	O	O	XXX	10
2	ENGLE, Hayley	SO Misericordia	1.62m 5' 3 ³ / ₄	P	P	P	O	O	O	XXO	XO	XO	XXX	8
3	NEWPORT, Caitlyn	SR Eastern	1.59m 5' 2 ¹ / ₂	P	P	O	O	O	XXO	O	O	XXX		5.5
3	GARRIOT, Kelli	SO Stevenson	1.59m 5' 2 ¹ / ₂	P	P	P	P	O	XXO	O	O	XXX		5.5
5	WIEDERRECHT, Taylor	SR Messiah	1.56m 5' 1 ¹ / ₄	P	P	O	O	XXO	XO	XXO	X			4
6	HENNEFORTH, Caitlin	JR Misericordia	1.53m 5' 0 ¹ / ₄	P	P	XO	O	XO	XO	XXX				3
7	BERRY, Le'June	FR Misericordia	1.53m 5' 0 ¹ / ₄	P	P	O	O	O	XXO	XXX				2
8	WALKER, Jaelynn	JR Albright	1.50m 4' 11"	P	O	O	O	O	XXX					1
9	BARTELS, Ashley	FR Lebanon Vall	1.50m 4' 11"	P	P	O	XO	O	XXX					
10	ZULTEVICZ, Sarah	JR King's (Pa.)	1.50m 4' 11"	P	P	O	XO	XO	XXX					
11	BARRETO, Ciara	FR Eastern	1.47m 4' 9 ³ / ₄	P	O	XO	O	XXX						
12	GOURLEY, Emily	SO Messiah	1.47m 4' 9 ³ / ₄	P	O	O	XO	XXX						
13	FALON, Olivia	SR Lebanon Vall	1.47m 4' 9 ³ / ₄	O	XO	O	XXO	XXX						
14	GLISTA, Morgan	FR Arcadia	1.42m 4' 7 ³ / ₄	O	O	O	XXX							
15	DAVIS, Alyssa	SO Stevens Instit	1.42m 4' 7 ³ / ₄	P	XO	O	XXX							
16	FORREST, Chelsea	SR Albright	1.42m 4' 7 ³ / ₄	XO	XO	O	XXX							
17	KNOLL, Veronika	SO Arcadia	1.37m 4' 6"	O	O	XXX								

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#34 Women's High Jump (cont'd)

Pl	Name	Yr Team	Mark	1.27	Pts
18	HOOVER, Chaslin	FR Alvernia	1.37m 4' 6"	O XXO XXX	
14	GLISTA, Morgan	FR Arcadia	(cont'd)	O	
17	KNOLL, Veronika	SO Arcadia	(cont'd)	O	

#13 Women's Pole Vault

Pl	Name	Yr Team	Mark	2.40	2.55	2.70	2.85	3.00	3.10	3.20	3.30	3.40	Pts	
M	MAC Indoor Champ	3.82m	Melissa Fellenbaum	Alvernia									2/23/2013	
O	MAC Indoor Overall	3.90m	Melissa Fellenbaum	Alvernia									2013	
1	SWARTOUT, Madison	JR Misericordia	3.30m 10' 10"	P	P	P	O	O	O	O	O	XXX	10	
2	FALON, Olivia	SR Lebanon Vall	3.30m 10' 10"	P	P	P	XO	O	O	XXO	XO	XXX	8	
3	WALKER, Jaelynn	JR Albright	3.20m 10' 6"	P	P	P	O	XO	O	XO	XXX		6	
4	WELCHANS, Hailey	JR Widener	3.10m 10' 2"	P	P	P	P	O	O	XXX			5	
5	BELL, Kaitlin	JR Eastern	3.10m 10' 2"	P	P	O	XO	O	O	XXX			4	
6	TYSON, Grace	SO Eastern	3.10m 10' 2"	P	XO	O	XO	XO	XXO	XXX			3	
7	REISS, Darby	JR Widener	3.00m 9' 10"	P	P	P	P	O	XXX				2	
8	MARCHESANO, Jenna	JR Widener	3.00m 9' 10"	P	P	O	XO	XO	XXX				1	
9	AGALLOTIS, Victoria	FR Stevens Instit	2.85m 9' 4 1/4	P	O	O	O	XXX						
10	WIKE, Sidney	FR Lebanon Vall	2.70m 8' 10 1/4	P	O	O	XXX							
10	TRAUB, Karen	SO Misericordia	2.70m 8' 10 1/4	P	O	O	XXX							
12	CERVANTES, America	SO Messiah	2.70m 8' 10 1/4	XO	O	O	XXX							
13	CHANDRASEKHAR, Anjali	FR Stevens Instit	2.70m 8' 10 1/4	O	O	XO	XXX							
13	HESS, Bayley	FR Messiah	2.70m 8' 10 1/4	P	O	XO	XXX							
15	NORTON, Leah	FR Lebanon Vall	2.55m 8' 4 1/4	P	XXO	XXX								
	STEGER, Savannah	FR Widener	NH	P	P	P	XXX							

#15 Women's Long Jump

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts		
M	MAC Indoor Champ	5.80m	Olivia Jendrzejewski	Lebanon Valley								2/25/2017	
O	MAC Indoor Overall	5.80m	Olivia Jendrzejewski	Lebanon Valley								2017	
O	MAC Indoor Overall	5.08m	Oniesha Clarke	Misericordia								2017	
1	WEENINK, Nicole	SR Eastern	OR 5.80m 19' 0 1/2	5.69	5.54	PASS	5.44	PASS	5.80	2(1)	10		
2	WIEDERRECHT, Taylor	SR Messiah	OR 5.37m 17' 7 1/2	5.24	PASS	PASS	5.23	5.37		2(2)	8		
3	BERRY, Le'June	FR Misericordia	OR 5.34m 17' 6 1/4	4.84 (+0.0)	4.82 (+0.0)	5.01 (+0.0)	5.09 (+0.0)	5.34 (+0.0)	4.98 (+0.0)	1(1)	6		
4	GRAVER, Lindsey	SR Misericordia	OR 5.31m 17' 5 1/4	5.20	4.92	5.04	5.18	5.31	5.19	2(3)	5		
5	BROWN, Tymane'	FR Misericordia	OR 5.21m 17' 1 1/4	4.92 (+0.0)	4.64 (+0.0)	5.05 (+0.0)	5.10 (+0.0)	5.21 (+0.0)	5.21 (+0.0)	1(2)	4		
6	SHEERER, Abigail	SR Widener	OR 5.14m 16' 10 1/2	4.90 (+0.0)	5.03 (+0.0)	4.98 (+0.0)	4.86 (+0.0)	4.95 (+0.0)	5.14 (+0.0)	1(3)	3		
7	BADDICK, Alexis	SR Misericordia	OR 5.14m 16' 10 1/2	5.14	4.56		4.78	4.63		2(4)	2		
8	MEYER, Liana	FR Stevens Instit	OR 5.12m 16' 9 3/4	5.10	4.97	5.04			5.12	2(5)	1		
9	OLEWINE, Jill	SO Misericordia	5.06m 16' 7 1/4		4.97	5.06	4.90		5.01	2(6)			
10	MOYER, Courtney	JR Eastern	5.06m 16' 7 1/4	4.93	5.01	4.93	4.93	5.06	4.95	2(6)			
11	ROSS, Sarah	JR King's (Pa.)	4.99m 16' 4 1/2	4.80	4.99	4.98				2(8)			
12	PIROLLO, Susanna	JR Alvernia	4.98m 16' 4 1/4	4.88	4.98	4.86				2(9)			
13	ZULTEVICZ, Sarah	JR King's (Pa.)	4.97m 16' 3 3/4	FOUL	4.97 (+0.0)	4.60 (+0.0)				1(4)			
14	OSEI, Nicole	FR Stevenson	4.96m 16' 3 1/4	4.79	4.96	4.70				2(10)			
15	TENNEH, Pauline	SO Albright	4.92m 16' 1 3/4	4.88 (+0.0)	4.92 (+0.0)	4.88 (+0.0)				1(5)			

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#15 Women's Long Jump (cont'd)

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
16	DORNER, Tatiana	SO	Misericordia	4.81m 15' 9 1/2"	4.81 (+0.0)	4.77 (+0.0)	FOUL				1(6)	
17	BOBAK, Chantell	SO	Widener	4.75m 15' 7"	4.69 (+0.0)	4.75 (+0.0)	4.69 (+0.0)				1(7)	
18	CARLIN, Breene	SO	Alvernia	4.75m 15' 7"	4.62 (+0.0)	FOUL	4.75 (+0.0)				1(7)	
19	WOLF, Madison	FR	Alvernia	4.70m 15' 5"	3.83	4.64	4.70				2(11)	
20	HOOVER, Chaslin	FR	Alvernia	4.70m 15' 5"		4.70	4.60				2(11)	
21	TONY, Amanda	FR	Alvernia	4.64m 15' 2 3/4"		4.64					2(13)	
22	SMITH, Georgia	FR	Misericordia	4.60m 15' 1 1/4"	4.60 (+0.0)	4.54 (+0.0)	FOUL				1(9)	
23	SORTO, Caelee	SR	DeSales	4.57m 15' 0"	4.57 (+0.0)	4.54 (+0.0)	4.46 (+0.0)				1(10)	
24	MACKEL, Kathryn	SR	Widener	4.38m 14' 4 1/2"	4.33 (+0.0)	4.33 (+0.0)	4.38 (+0.0)				1(11)	
25	RENE, Gabriella	FR	Albright	4.32m 14' 2 1/4"	FOUL	4.22 (+0.0)	4.32 (+0.0)				1(12)	
26	ILIESCU, Roxy	FR	Arcadia	4.27m 14' 0 1/4"	4.27 (+0.0)	FOUL	FOUL				1(13)	

#32 Women's Triple Jump

M	MAC Indoor Champ	12.07m	Nicole Weenink	Eastern	2/29/2020
O	MAC Indoor Overall	12.12m	Kristen Bates	Messiah	2010

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1	WEENINK, Nicole	SR	Eastern	12.07m 39' 7 1/4"	11.62 (+0.0)	FOUL	11.15 (+0.0)	11.67 (+0.0)	FOUL	12.07 (+0.0)	2(1)	10
2	TONY, Amanda	FR	Alvernia	11.03m 36' 2 1/4"	10.84 (+0.0)	10.70 (+0.0)	10.94 (+0.0)	11.00 (+0.0)	11.03 (+0.0)	9.98 (+0.0)	2(2)	8
3	DORNER, Tatiana	SO	Misericordia	11.00m 36' 1 1/4"	FOUL	11.00 (+0.0)	10.51 (+0.0)	FOUL	10.87 (+0.0)	10.50 (+0.0)	2(3)	6
4	CONFORTI, Gabriella	FR	King's (Pa.)	10.92m 35' 10"	FOUL	10.52 (+0.0)	10.92 (+0.0)	FOUL	10.77 (+0.0)	FOUL	2(4)	5
5	BADDICK, Alexis	SR	Misericordia	10.74m 35' 3"	10.70 (+0.0)	10.67 (+0.0)	10.68 (+0.0)	10.70 (+0.0)	10.74 (+0.0)	FOUL	2(5)	4
6	OSEI, Nicole	FR	Stevenson	10.70m 35' 1 1/4"	FOUL	10.46 (+0.0)	10.40 (+0.0)	10.44 (+0.0)	10.50 (+0.0)	10.70 (+0.0)	2(6)	3
7	SHEERER, Abigail	SR	Widener	10.66m 34' 11 3/4"	10.58 (+0.0)	10.60 (+0.0)	10.62 (+0.0)	10.66 (+0.0)	10.45 (+0.0)	FOUL	2(7)	2
8	GRAVER, Lindsey	SR	Misericordia	10.64m 34' 11"	10.55 (+0.0)	FOUL	10.64 (+0.0)	10.37 (+0.0)	10.55 (+0.0)	10.55 (+0.0)	2(8)	1
9	OLEWINE, Jill	SO	Misericordia	10.50m 34' 5 1/2"	10.50 (+0.0)	10.10 (+0.0)	10.50 (+0.0)	9.78 (+0.0)	10.12 (+0.0)	FOUL	2(9)	
10	WOLF, Madison	FR	Alvernia	10.41m 34' 2"	FOUL	10.34 (+0.0)	10.41 (+0.0)				1(1)	
11	NEWPORT, Caitlyn	SR	Eastern	10.24m 33' 7 1/4"	FOUL	FOUL	10.24 (+0.0)				1(2)	
12	BERRY, Le'June	FR	Misericordia	10.19m 33' 5 1/4"	10.19 (+0.0)	FOUL	10.11 (+0.0)				2(10)	
13	SORTO, Caelee	SR	DeSales	10.18m 33' 4 3/4"	10.10 (+0.0)	10.18 (+0.0)	10.12 (+0.0)				1(3)	
14	GEORGE, Susan	FR	Stevens Instit	10.15m 33' 3 3/4"	9.92 (+0.0)	9.72 (+0.0)	10.15 (+0.0)				1(4)	
15	BOBAK, Chantell	SO	Widener	10.12m 33' 2 1/2"	9.70 (+0.0)	10.10 (+0.0)	10.12 (+0.0)				1(5)	
16	BROWN, Tymane'	FR	Misericordia	10.09m 33' 1 1/4"	FOUL	9.86 (+0.0)	10.09 (+0.0)				2(11)	
17	SMITH, Georgia	FR	Misericordia	9.88m 32' 5"	9.65 (+0.0)	FOUL	9.88 (+0.0)				1(6)	
18	CAIRNS, Julia	FR	Stevens Instit	9.81m 32' 2 1/4"	9.42 (+0.0)	9.81 (+0.0)	9.70 (+0.0)				1(7)	
19	MACKEL, Kathryn	SR	Widener	9.78m 32' 1"	9.69 (+0.0)	FOUL	9.78 (+0.0)				1(8)	
20	KRUMPFER, Kristine	FR	King's (Pa.)	9.66m 31' 8 1/2"	9.66 (+0.0)	9.33 (+0.0)	FOUL				1(9)	
21	GONZALEZ, Jasmine	SO	Eastern	9.63m 31' 7 1/4"	9.49 (+0.0)	FOUL	9.63 (+0.0)				1(10)	

#30 Women's Shot Put

M	MAC Indoor Champ	14.65m	Lauren Lucci	Widener	2008
O	MAC Indoor Overall	14.65m	Lauren Lucci	Widener	2008

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1	COONEY, Anna	SO	Widener	12.78m 41' 11 1/4"	11.34	12.11	11.64	11.29	12.78	12.25	2(1)	10
2	KARNISH, Brenna	SO	Misericordia	12.56m 41' 2 1/2"	FOUL	11.71	12.22	11.19	12.56	11.84	2(2)	8
3	ANI, Danika	SR	Stevenson	12.43m 40' 9 1/2"	11.74	12.43	12.22	FOUL	11.32	11.53	2(3)	6

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#30 Women's Shot Put (cont'd)

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
4	REED-CLARK, Amaya	FR	Widener	11.92m 39' 1 ¹ / ₄	11.45	11.75	11.73	11.92	11.86	11.68	2(4)	5
5	LACCETTI, AnaMaria	SO	Stevens Instit	11.79m 38' 8 ¹ / ₄	11.21	11.24	11.42	10.13	10.96	11.79	2(5)	4
6	GOODHILE, Lila	SR	Messiah	11.19m 36' 8 ¹ / ₂	10.85	11.19	10.61	10.48	FOUL	10.07	2(6)	3
7	REILLY, Samantha	SO	Stevens Instit	11.13m 36' 6 ¹ / ₄	10.47	11.10	10.34	10.49	11.13	9.98	2(7)	2
8	WASH, Joelle	SO	Eastern	10.90m 35' 9 ¹ / ₄	10.26	10.90	10.34	FOUL	FOUL	FOUL	2(8)	1
9	CORDON-DOWNING, Najilah	FR	Alvernia	10.80m 35' 5 ¹ / ₄	10.68	10.43	10.80	9.79	10.45	FOUL	2(9)	
10	THORNGATE, Cynthia	JR	Albright	10.65m 34' 11 ¹ / ₄	FOUL	9.91	10.65				1(1)	
11	BARTELS, Ashley	FR	Lebanon Vall	10.55m 34' 7 ¹ / ₂	10.53	10.34	10.55				2(10)	
12	VAUGHNS, Makayla	FR	Stevenson	10.55m 34' 7 ¹ / ₂	9.83	9.97	10.55				2(10)	
13	KATZENBERGER, Jessica	SR	Lebanon Vall	10.46m 34' 4"	10.46	9.51	10.22				2(12)	
14	TRUAX, Arielle	JR	DeSales	10.25m 33' 7 ¹ / ₂	10.09	10.17	10.25				1(2)	
15	KITCHNER, Danielle	SO	King's (Pa.)	10.20m 33' 5 ³ / ₄	10.19	10.20	10.07				1(3)	
16	YEBOAH, Kendra	FR	Stevenson	10.14m 33' 3 ¹ / ₄	9.63	10.14	9.88				2(13)	
17	LOUGHNEY, McKenna	JR	Lebanon Vall	10.01m 32' 10 ¹ / ₄	8.70	10.01	FOUL				2(14)	
18	PETERSON, Samantha	FR	Alvernia	9.89m 32' 5 ¹ / ₂	9.89	9.64	FOUL				2(15)	
19	GUHT, Jacklyn	JR	Widener	9.85m 32' 3 ³ / ₄	9.85	9.66	9.35				1(4)	
20	GONZALEZ, Leticia	FR	Stevens Instit	9.84m 32' 3 ¹ / ₂	9.17	9.52	9.84				1(5)	
21	TULL, Katie	FR	Messiah	9.79m 32' 1 ¹ / ₂	9.79	FOUL	9.47				1(6)	
22	HAINES, Erin	FR	Messiah	9.72m 31' 10 ³ / ₄	9.72	9.50	8.54				1(7)	
23	MULIAWAN, Ashley	FR	Stevens Instit	9.70m 31' 10"	9.40	8.60	9.70				1(8)	
24	SMITH, Brigitte	SO	Eastern	9.56m 31' 4 ¹ / ₂	9.56	9.55	9.41				1(9)	
25	WIEDERRECHT, Taylor	SR	Messiah	9.46m 31' 0 ¹ / ₂	9.45	9.05	9.46				2(16)	
26	THOMAS, Alexis	JR	Lebanon Vall	9.46m 31' 0 ¹ / ₂	9.44	9.34	9.46				1(10)	
27	BROWN, Amanda	SO	Messiah	9.37m 30' 9"	9.13	8.86	9.37				1(11)	
28	COPELAND, Charissa	JR	Eastern	9.13m 29' 11 ¹ / ₂	8.87	8.58	9.13				1(12)	
29	SPENCE, Makenze	FR	Lebanon Vall	8.59m 28' 2 ¹ / ₄	8.53	7.97	8.59				1(13)	
	SOBOLESKI, Kaylee	JR	Eastern	NM	FOUL	FOUL	FOUL				1	

#11 Women's Weight Throw

M	MAC Indoor Champ	16.39m	Allison Reuter	Widener	2/22/2019							
O	MAC Indoor Overall	17.83m	Danika Ani	Stevenson	2020							
Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
1	ANI, Danika	SR	Stevenson	15.96m 52' 4 ¹ / ₂	13.92	FOUL	15.42	14.90	15.96	FOUL	3(1)	10
2	KARNISH, Brenna	SO	Misericordia	15.60m 51' 2 ¹ / ₄	14.76	15.18	14.94	14.94	14.56	15.60	3(2)	8
3	COONEY, Anna	SO	Widener	15.19m 49' 10"	15.10	14.67	15.15	15.19	14.32	14.09	3(3)	6
4	GAITA, Reiley	SO	DeSales	14.37m 47' 1 ³ / ₄	13.96	FOUL	14.37	13.92	13.63	11.91	3(4)	5
5	LACCETTI, AnaMaria	SO	Stevens Instit	14.34m 47' 0 ³ / ₄	13.57	13.55	14.34	13.58	13.53	14.23	3(5)	4
6	BARTELS, Ashley	FR	Lebanon Vall	13.95m 45' 9 ¹ / ₄	12.88	13.54	13.95	12.74	12.66	12.98	3(6)	3
7	LOUGHNEY, McKenna	JR	Lebanon Vall	13.91m 45' 7 ³ / ₄	13.20	12.19	13.35	13.15	13.27	13.91	3(7)	2
8	THOMAS, Alexis	JR	Lebanon Vall	13.70m 44' 11 ¹ / ₂	13.55	12.46	FOUL	FOUL	12.55	13.70	3(8)	1
9	YEBOAH, Kendra	FR	Stevenson	13.49m 44' 3 ¹ / ₄	12.64	13.49	13.06	13.13	13.44	12.46	2(1)	
10	KATZENBERGER, Jessica	SR	Lebanon Vall	12.98m 42' 7"	12.53	12.78	12.98				3(9)	
11	VAUGHNS, Makayla	FR	Stevenson	12.63m 41' 5 ¹ / ₄	12.63	12.11	11.85				1(1)	
12	REILLY, Samantha	SO	Stevens Instit	12.12m 39' 9 ¹ / ₄	11.87	12.12	12.12				2(2)	
13	REED-CLARK, Amaya	FR	Widener	12.08m 39' 7 ³ / ₄	11.95	11.87	12.08				3(10)	
14	SOBOLESKI, Kaylee	JR	Eastern	12.07m 39' 7 ¹ / ₄	12.07	11.46	FOUL				3(11)	

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#11 Women's Weight Throw (cont'd)

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
15	BOTROUS, Maggie	SO	Stevens Instit	11.87m 38' 11 1/2"	FOUL	FOUL	11.87					2(3)
16	TRUAX, Arielle	JR	DeSales	11.81m 38' 9"	11.08	11.81	10.98					2(4)
17	LUZIER, Tabitha	JR	Lebanon Vall	11.76m 38' 7"	11.37	11.76	FOUL					2(5)
18	MECKS, Isabelle	FR	DeSales	11.66m 38' 3 1/4"	11.65	11.66	10.81					2(6)
19	BROWN, Amanda	SO	Messiah	11.37m 37' 3 3/4"	11.37	10.96	9.95					2(7)
20	DETLET, Jordan	SO	Stevens Instit	10.85m 35' 7 1/4"	9.93	FOUL	10.85					2(8)
21	WARNKE, Katelyn	SR	Lebanon Vall	10.83m 35' 6 1/2"	FOUL	10.83	FOUL					2(9)
22	PETERSON, Samantha	FR	Alvernia	10.69m 35' 1"	9.79	10.69	9.97					1(2)
23	SMITH, Brigitte	SO	Eastern	10.64m 34' 11"	9.47	10.23	10.64					1(3)
24	SPENCE, Makenze	FR	Lebanon Vall	10.62m 34' 10 1/4"	10.47	FOUL	10.62					2(10)
25	COPELAND, Charissa	JR	Eastern	10.37m 34' 0 1/4"	10.37	9.90	FOUL					2(11)
26	BIELFELD, Sarah	FR	Misericordia	10.13m 33' 3"	FOUL	10.13	FOUL					1(4)
27	HAINES, Erin	FR	Messiah	9.89m 32' 5 1/2"	9.89	9.58	FOUL					1(5)
28	PITTS, Danielle	SR	Hood	9.81m 32' 2 1/4"	9.81	9.73	9.38					1(6)
29	MORGANTI, Dianna	SO	Alvernia	9.35m 30' 8 1/4"	9.35	9.17	8.43					1(7)
30	QUIRK, Shannon	SR	Alvernia	9.27m 30' 5"	FOUL	9.27	FOUL					1(8)
31	MULIAWAN, Ashley	FR	Stevens Instit	9.21m 30' 2 3/4"	FOUL	8.44	9.21					1(9)
32	TULL, Katie	FR	Messiah	9.16m 30' 0 3/4"	9.16	8.88	8.85					1(10)
33	ZECHMAN, Taileen	FR	Lebanon Vall	8.72m 28' 7 1/2"	FOUL	8.72	8.55					1(11)
34	ECKERT, Justine	FR	Messiah	7.98m 26' 2 1/4"	FOUL	7.98	7.04					1(12)

#38 Women's Indoor Pentathlon

Pl	Name	Points	60H	High Jump	Shot Put	Long Jump	800
1	WIEDERRECHT, Ta Messiah	2955	9.47	1.52m 4' 11 3/4"	10.41m 34' 2"	4.55m 14' 11 1/4"	2:46.54
	Team Points: 10		814	644	556	441	500
2	PIROLLO, Susanna Alvernia	2948	10.06	1.49m 4' 10 1/2"	9.65m 31' 8"	4.78m 15' 8 1/4"	2:35.09
	Team Points: 8		701	610	507	500	630
3	HARRINGTON, Emil King's (Pa.)	2774	9.44	1.43m 4' 8 1/4"	8.87m 29' 1 1/4"	4.46m 14' 7 3/4"	2:43.28
	Team Points: 6		820	544	456	418	536
4	HENNEFORTH, Cai Misericordia	2760	10.18	1.58m 5' 2 1/4"	7.71m 25' 3 1/2"	4.45m 14' 7 1/4"	2:40.07
	Team Points: 5		679	712	381	416	572
5	CASTELLINI, Camry Widener	2621	10.30	1.49m 4' 10 1/2"	9.56m 31' 4 1/2"	4.61m 15' 1 1/2"	2:56.66
	Team Points: 4		657	610	501	456	397
6	WASH, Joelle Eastern	2531	10.54	1.43m 4' 8 1/4"	10.60m 34' 9 1/2"	4.49m 14' 8 3/4"	2:58.64
	Team Points: 3		614	544	569	426	378
7	FORDENBACHER, Eastern	2319	11.31	1.31m 4' 3 1/2"	7.68m 25' 2 1/2"	4.53m 14' 10 1/2"	2:37.81
	Team Points: 2		487	419	379	436	598

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#38 Women's Indoor Pentathlon (cont'd)

Pl	Name	Points	60H	High Jump	Shot Put	Long Jump	800
8	BANEY, Anne Lebanon Valley	2110	11.27	1.31m 4' 3 1/2"	7.45m 24' 5 1/2"	4.10m 13' 5 1/2"	2:46.29
	Team Points: 1		493	419	364	331	503
9	CIPRIANO, Naomi Eastern	2107	11.38	1.34m 4' 4 3/4"	6.47m 21' 2 3/4"	4.11m 13' 6"	2:42.20
			476	449	301	333	548
10	VANCE, Abigail Messiah	1886	12.13	1.31m 4' 3 1/2"	7.95m 26' 1"	4.06m 13' 4"	2:58.15
			366	419	396	322	383
11	CLARK, DeSante Eastern	1563	11.37	1.34m 4' 4 3/4"	5.90m 19' 4 1/4"	NM	2:59.23
			477	449	265		372
	PANEK, Rachel Stevenson	NP	10.74	1.40m 4' 7"	NM	NM	DNS
			580	512			

#38-1 Women's Indoor Pentathlon 60m Hurdles

M	MAC Indoor Champ	8.97	Johanna Walker	Lebanon Valley	2012
O	MAC Indoor Overall	8.81	Kristen Bates	Messiah	2010

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	HARRINGTON, Emily		SO King's (Pa.)	9.44		2(1)	820
2	WIEDERRECHT, Taylor		SR Messiah	9.47		3(1)	814
3	PIROLLO, Susanna		JR Alvernia	10.06		2(2)	701
4	HENNEFORTH, Caitlin		JR Misericordia	10.18		1(1)	679
5	CASTELLINI, Camryn		SO Widener	10.30		1(2)	657
6	WASH, Joelle		SO Eastern	10.54		2(3)	614
7	PANEK, Rachel		JR Stevenson	10.74		3(2)	580
8	BANEY, Anne		SO Lebanon Valley	11.27		2(4)	493
9	FORDENBACHER, Cara		SR Eastern	11.31		3(3)	487
10	CLARK, DeSante		FR Eastern	11.37		1(3)	477
11	CIPRIANO, Naomi		FR Eastern	11.38		1(4)	476
12	VANCE, Abigail		SO Messiah	12.13		3(4)	366

Women's Indoor Pentathlon After 1 Events

Pl	Athlete	Yr	Team	Points
1	HARRINGTON, Emil		SO King's (Pa.)	820
2	WIEDERRECHT, Ta		SR Messiah	814
3	PIROLLO, Susanna		JR Alvernia	701
4	HENNEFORTH, Cai		JR Misericordia	679
5	CASTELLINI, Camry		SO Widener	657
6	WASH, Joelle		SO Eastern	614
7	PANEK, Rachel		JR Stevenson	580
8	BANEY, Anne		SO Lebanon Valley	493
9	FORDENBACHER, SR		Eastern	487
10	CLARK, DeSante		FR Eastern	477
11	CIPRIANO, Naomi		FR Eastern	476

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Women's Indoor Pentathlon After 1 Events (cont'd)

Pl	Athlete	Yr	Team	Points
12	VANCE, Abigail	SO	Messiah	366

#38-2 Women's Indoor Pentathlon High Jump

M	MAC Indoor Champ	1.71m	Taylor	Wiederrecht	2/23/2019
O	MAC Indoor Overall	1.76m	Ashlee Ward	Misericordia	2014

Pl	Name	Yr	Team	Mark	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61	Pts
1	HENNEFORTH, Caitlin	JR	Misericordia	1.58m 5' 2 ¹ / ₄	O	O	O	O	O	O	XO	O	XO	XXX	712
2	WIEDERRECHT, Taylor	SR	Messiah	1.52m 4' 11 ³ / ₄	P	P	P	P	O	P	XO				644
3	CASTELLINI, Camryn	SO	Widener	1.49m 4' 10 ¹ / ₂	O	O	O	O	O	XXO	XXX				610
4	PIROLLO, Susanna	JR	Alvernia	1.49m 4' 10 ¹ / ₂	P	P	XO	O	O	XXO	XXX				610
5	HARRINGTON, Emily	SO	King's (Pa.)	1.43m 4' 8 ¹ / ₄	O	XO	O	O	XXX						544
6	WASH, Joelle	SO	Eastern	1.43m 4' 8 ¹ / ₄	XXO	XXO	XO	O	XXX						544
7	PANEK, Rachel	JR	Stevenson	1.40m 4' 7"	P	P	O	XXX							512
8	CLARK, DeSante	FR	Eastern	1.34m 4' 4 ³ / ₄	O	XXX									449
9	CIPRIANO, Naomi	FR	Eastern	1.34m 4' 4 ³ / ₄	XXO	XXX									449
10	VANCE, Abigail	SO	Messiah	1.31m 4' 3 ¹ / ₂	XXX										419
10	BANEY, Anne	SO	Lebanon Vall	1.31m 4' 3 ¹ / ₂	XXX										419
12	FORDENBACHER, Cara	SR	Eastern	1.31m 4' 3 ¹ / ₂	XXX										419

Pl	Name	Yr	Team	Mark	0.95	1.04	1.10	1.16	1.19	1.22	1.25	1.28	1.31	Pts
5	HARRINGTON, Emily	SO	King's (Pa.)	(cont'd)	P	P	P	P	P	XO	O	O	O	544
6	WASH, Joelle	SO	Eastern	(cont'd)	P	P	P	P	P	P	O	O	O	544
8	CLARK, DeSante	FR	Eastern	(cont'd)	P	P	P	P	XO	XO	O	O	XO	449
9	CIPRIANO, Naomi	FR	Eastern	(cont'd)	P	P	P	P	O	O	O	O	O	449
10	VANCE, Abigail	SO	Messiah	1.31m 4' 3 ¹ / ₂	P	P	P	P	O	P	O	XO	O	419
10	BANEY, Anne	SO	Lebanon Vall	1.31m 4' 3 ¹ / ₂	O	O	O	O	O	O	XO	O	O	419
12	FORDENBACHER, Cara	SR	Eastern	1.31m 4' 3 ¹ / ₂	P	P	P	P	O	XO	XO	XXO	XO	419

Women's Indoor Pentathlon After 2 Events

Pl	Athlete	Yr	Team	Points
1	WIEDERRECHT, Ta	SR	Messiah	1458
2	HENNEFORTH, Cai	JR	Misericordia	1391
3	HARRINGTON, Emil	SO	King's (Pa.)	1364
4	PIROLLO, Susanna	JR	Alvernia	1311
5	CASTELLINI, Camry	SO	Widener	1267
6	WASH, Joelle	SO	Eastern	1158
7	PANEK, Rachel	JR	Stevenson	1092
8	CLARK, DeSante	FR	Eastern	926
9	CIPRIANO, Naomi	FR	Eastern	925
10	BANEY, Anne	SO	Lebanon Valley	912
11	FORDENBACHER,	SR	Eastern	906
12	VANCE, Abigail	SO	Messiah	785

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#38-3 Women's Indoor Pentathlon Shot Put

M	MAC Indoor Champ	14.65m	Lauren Lucci	Widener	2008
O	MAC Indoor Overall	14.65m	Lauren Lucci	Widener	2008

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	WASH, Joelle	SO	Eastern	10.60m 34' 9 1/2"	10.08	10.60	10.15				569
2	WIEDERRECHT, Taylor	SR	Messiah	10.41m 34' 2"	9.49	10.41	FOUL				556
3	PIROLLO, Susanna	JR	Alvernia	9.65m 31' 8"	9.49	9.65	8.62				507
4	CASTELLINI, Camryn	SO	Widener	9.56m 31' 4 1/2"	9.56	8.88	9.35				501
5	HARRINGTON, Emily	SO	King's (Pa.)	8.87m 29' 1 1/4"	8.87	7.78	8.78				456
6	VANCE, Abigail	SO	Messiah	7.95m 26' 1"	7.41	7.95	7.60				396
7	HENNEFORTH, Caitlin	JR	Misericordia	7.71m 25' 3 1/2"	6.07	7.19	7.71				381
8	FORDENBACHER, Cara	SR	Eastern	7.68m 25' 2 1/2"	7.68	7.60	7.64				379
9	BANEY, Anne	SO	Lebanon Vall	7.45m 24' 5 1/2"	7.36	6.71	7.45				364
10	CIPRIANO, Naomi	FR	Eastern	6.47m 21' 2 3/4"	5.28	6.15	6.47				301
11	CLARK, DeSante	FR	Eastern	5.90m 19' 4 1/4"	5.90	5.18	5.89				265
	PANEK, Rachel	JR	Stevenson	NM	FOUL	FOUL	FOUL				

Women's Indoor Pentathlon After 3 Events

Pl	Athlete	Yr	Team	Points
1	WIEDERRECHT, Ta	SR	Messiah	2014
2	HARRINGTON, Emil	SO	King's (Pa.)	1820
3	PIROLLO, Susanna	JR	Alvernia	1818
4	HENNEFORTH, Cai	JR	Misericordia	1772
5	CASTELLINI, Camry	SO	Widener	1768
6	WASH, Joelle	SO	Eastern	1727
7	FORDENBACHER, SR	Eastern		1285
8	BANEY, Anne	SO	Lebanon Valley	1276
9	CIPRIANO, Naomi	FR	Eastern	1226
10	CLARK, DeSante	FR	Eastern	1191
11	VANCE, Abigail	SO	Messiah	1181
12	PANEK, Rachel	JR	Stevenson	1092

#38-4 Women's Indoor Pentathlon Long Jump

M	MAC Indoor Champ	5.80m	Olivia Jendrzejewski	Lebanon Valley	2/25/2017
O	MAC Indoor Overall	5.80m	Olivia Jendrzejewski	Lebanon Valley	2017
O	MAC Indoor Overall	5.08m	Oniesha Clarke	Misericordia	2017

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	PIROLLO, Susanna	JR	Alvernia	4.78m 15' 8 1/4"	4.72 (+0.0)	4.63 (+0.0)	4.78 (+0.0)				500
2	CASTELLINI, Camryn	SO	Widener	4.61m 15' 1 1/2"	4.54 (+0.0)	4.46 (+0.0)	4.61 (+0.0)				456
3	WIEDERRECHT, Taylor	SR	Messiah	4.55m 14' 11 1/4"	4.55 (+0.0)	(+0.0)	(+0.0)				441
4	FORDENBACHER, Cara	SR	Eastern	4.53m 14' 10 1/2"	4.53 (+0.0)	4.41 (+0.0)	4.40 (+0.0)				436
5	WASH, Joelle	SO	Eastern	4.49m 14' 8 3/4"	4.48 (+0.0)	4.33 (+0.0)	4.49 (+0.0)				426
6	HARRINGTON, Emily	SO	King's (Pa.)	4.46m 14' 7 3/4"	4.46 (+0.0)	4.26 (+0.0)	FOUL				418
7	HENNEFORTH, Caitlin	JR	Misericordia	4.45m 14' 7 1/4"	FOUL	4.17 (+0.0)	4.45 (+0.0)				416
8	CIPRIANO, Naomi	FR	Eastern	4.11m 13' 6"	FOUL	4.11 (+0.0)	FOUL				333
9	BANEY, Anne	SO	Lebanon Vall	4.10m 13' 5 1/2"	4.06 (+0.0)	4.10 (+0.0)	4.10 (+0.0)				331
10	VANCE, Abigail	SO	Messiah	4.06m 13' 4"	4.06 (+0.0)	3.85 (+0.0)	4.04 (+0.0)				322
	PANEK, Rachel	JR	Stevenson	NM							

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Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
	CLARK, DeSante		FR Eastern	NM	FOUL	FOUL	FOUL				

Women's Indoor Pentathlon After 4 Events

Pl	Athlete	Yr	Team	Points
1	WIEDERRECHT, Ta	SR	Messiah	2455
2	PIROLLO, Susanna	JR	Alvernia	2318
3	HARRINGTON, Emil	SO	King's (Pa.)	2238
4	CASTELLINI, Camry	SO	Widener	2224
5	HENNEFORTH, Cai	JR	Misericordia	2188
6	WASH, Joelle	SO	Eastern	2153
7	FORDENBACHER,	SR	Eastern	1721
8	BANEY, Anne	SO	Lebanon Valley	1607
9	CIPRIANO, Naomi	FR	Eastern	1559
10	VANCE, Abigail	SO	Messiah	1503
11	CLARK, DeSante	FR	Eastern	1191
12	PANEK, Rachel	JR	Stevenson	1092

#38-5 Women's Indoor Pentathlon 800 Meters

M	MAC Indoor Champ	2:16.37	Cynthia Adams	Lebanon Vall	2/23/2013
O	MAC Indoor Overall	2:08.81	Cynthia Adams	Lebanon Valley	2015

Pl	Name	Yr	Team	Time	Note	Pts
1	PIROLLO, Susanna	JR	Alvernia	2:35.09		630
2	FORDENBACHER, Cara	SR	Eastern	2:37.81		598
3	HENNEFORTH, Caitlin	JR	Misericordia	2:40.07		572
4	CIPRIANO, Naomi	FR	Eastern	2:42.20		548
5	HARRINGTON, Emily	SO	King's (Pa.)	2:43.28		536
6	BANEY, Anne	SO	Lebanon Valley	2:46.29		503
7	WIEDERRECHT, Taylor	SR	Messiah	2:46.54		500
8	CASTELLINI, Camryn	SO	Widener	2:56.66		397
9	VANCE, Abigail	SO	Messiah	2:58.15		383
10	WASH, Joelle	SO	Eastern	2:58.64		378
11	CLARK, DeSante	FR	Eastern	2:59.23		372
	PANEK, Rachel	JR	Stevenson		DNS	

Women's Indoor Pentathlon After 5 Events

Pl	Athlete	Yr	Team	Points
1	WIEDERRECHT, Ta	SR	Messiah	2955
2	PIROLLO, Susanna	JR	Alvernia	2948
3	HARRINGTON, Emil	SO	King's (Pa.)	2774
4	HENNEFORTH, Cai	JR	Misericordia	2760
5	CASTELLINI, Camry	SO	Widener	2621
6	WASH, Joelle	SO	Eastern	2531
7	FORDENBACHER,	SR	Eastern	2319
8	BANEY, Anne	SO	Lebanon Valley	2110
9	CIPRIANO, Naomi	FR	Eastern	2107
10	VANCE, Abigail	SO	Messiah	1886
11	CLARK, DeSante	FR	Eastern	1563

**2020 MIDDLE ATLANTIC CONFERENCE INDOOR
CHAMPIONSHIPS**

Reading, PA

Tom & Helen Flynn Complex

2/28/2020 - 2/29/2020

MEET OFFICIALS

Meet Director:

Marie Stroman

Timing:

MAC-FAT, LLC.



OFFICIAL MEET REPORT

printed: 2/29/2020 5:21 PM

RESULTS

Men's Scores

Pl	Team	Code	Score
1	Stevens Institute	STEV	136
2	Widener	WIDE	125
3	Stevenson	STMD	120
4	DeSales	DESA	73
5	Lebanon Valley	LEBA	72
6	King's (Pa.)	KING	62
7	Eastern	EAPA	48
8	Messiah	MESS	47
9	Alvernia	ALVE	31
10	Misericordia	MISE	12
11	Hood	HOOD	8
12	Delaware Valley	DEVA	3
13	Albright	ALBR	2
14	Arcadia	ARCA	1

Women's Scores

Pl	Team	Code	Score
1	Eastern	EAPA	144.5
2	Messiah	MESS	137
3	Misericordia	MISE	116
4	Widener	WIDE	82
5	Stevens Institute	STEV	76
6	Stevenson	STMD	55.5
7	Lebanon Valley	LEBA	40
8	Alvernia	ALVE	31
9	DeSales	DESA	24
9	King's (Pa.)	KING	24
11	Albright	ALBR	8
12	Arcadia	ARCA	2